Gardenlife
Flower Wreath Pillows
Flower Wreath Cushion  
(Cerise colourway)

If you have made the Flower Wreath Quilt, then this large cushion would make the perfect companion. This one has a cheerful Chambray cerise background and there is another cushion with a soothing sage background – see tildasworld.com for instructions. You could, of course, experiment with other background colours from the Chambray range.

**Materials**

- Fabric 1: 7in (18cm) square – Poppies lilac (100306)
- Fabric 2: 7in (18cm) square – Poppies pink (100303)
- Fabric 3: 7in (18cm) square – Bowl Peony coral (100307)
- Fabric 4: 7in (18cm) square – Nasturtium mustard (100304)
- Fabric 5: 7in (18cm) square – Poppies blue (100319)
- Fabric 6: 7in (18cm) square – Striped Petunia green (100313)
- Fabric 7: 7in (18cm) square – Bowl Peony grey green (100314)
- Fabric 8: 7in (18cm) square – Nasturtium lavender (100308)
- Fabric 9: ¾yd (40cm) – Chambray cerise (160013)
- Fabric 10: 4in (10cm) – Chambray warm yellow (160015)
- Fabric 11: 4in (10cm) – Chambray coral (160014)
- Fabric 12: 4in (10cm) – Chambray lavender (160009)
- Fabric 13: 7in (18cm) square – Chambray sage (160011)
- Fabric 14: 7in (18cm) square – Chambray teal (160004)
- Fabric 15: 7in (18cm) square – Chambray olive (160012)
- Fabric 16: 7in (18cm) square – Chambray petrol (160005)
- Wadding (batting): 27in (68.6cm) square
- Lining fabric (optional): 27in (68.6cm) square
- Back fabric: two pieces 17in x 24½in (43.2cm x 62.2cm) – Gardenlife plum (100310)
- Binding fabric ¼yd (25cm) – Bowl Peony coral (100307)
- Piecing and quilting threads
- Quilter’s ruler, rotary cutter and mat
- Cushion pad to fit cover

**Finished Size**

24½in (62.2cm) square

**General Notes**

- Fabric quantities are based on a usable width of 42in (107cm), unless otherwise stated.
- Measurements are in imperial inches with metric conversions in brackets – use only one system throughout (preferably inches).
- Width measurements are generally given first.
- Press all fabrics before cutting.
- Use ¼in (6mm) seams unless otherwise instructed.
- Read all the instructions through before you start.
Cushion Layout

The cushion features just a single block, made up of leaf units, flower units and unpieced squares and rectangles. See Fig A for the fabrics used and Fig B for the layout and fabric positions.

Fig A Fabric swatches (Flower Wreath Cushion – cerise colourway)

- Fabric 1: Poppies lilac
- Fabric 2: Poppies pink
- Fabric 3: Bowl Peony coral
- Fabric 4: Nasturtium mustard
- Fabric 5: Poppies blue
- Fabric 6: Striped Petunia green
- Fabric 7: Bowl Peony grey green
- Fabric 8: Nasturtium lavender
- Fabric 9: Chambray cerise
- Fabric 10: Chambray warm yellow
- Fabric 11: Chambray coral
- Fabric 12: Chambray lavender
- Fabric 13: Chambray sage
- Fabric 14: Chambray teal
- Fabric 15: Chambray olive
- Fabric 16: Chambray petrol
**Cutting Out**

2 For the block, cut the following pieces. Refer also to **Fig B** for the positions of the fabrics and **Fig C** for the sizes of the pieces.

- From each print Fabric 1, 2, 3, 4, 5, 6, 7 and 8, cut four 3½in (9cm) squares (for a total of thirty-two squares).
- From each Chambray Fabric 13, 14, 15 and 16 cut three 3½in (9cm) squares (for a total of twelve squares).
- From Fabric 9 cut the following pieces.
  - Six 3½in (9cm) squares.
  - Four 6½in x 3½in (16.5cm x 9cm) corner rectangles.
  - Two 9½in x 3½in (24.1cm x 9cm) centre rectangles.
  - Twenty-four 2in (5.1cm) squares.
  - 104 1¼in (3.2cm) squares.
- From each of Fabric 10, 11 and 12 cut eight 1¼in (3.2cm) squares.
3 Cut the binding fabric into three strips 2½in (6.4cm) x width of fabric. Sew them together end to end and press seams open. Press in half along the length, wrong sides together.

**Fig C** Cut pieces needed for the blocks

<table>
<thead>
<tr>
<th>Flower unit</th>
<th>Leaf unit</th>
<th>Plain square</th>
</tr>
</thead>
<tbody>
<tr>
<td>1½in (3.2cm) square</td>
<td>2in (5.1cm) square</td>
<td>3½in (9cm) square</td>
</tr>
<tr>
<td>3½in (9cm) square</td>
<td>3½in (9cm) square</td>
<td>3½in (9cm) square</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Corner rectangle</th>
<th>Centre rectangle</th>
</tr>
</thead>
<tbody>
<tr>
<td>6½in x 3½in (16.5cm x 9cm)</td>
<td>9½in x 3½in (24.1cm x 9cm)</td>
</tr>
</tbody>
</table>

**Making the Block**

4 The leaf units and the flower units both use a corner triangle technique to create sharp points.

5 **Sewing a leaf unit** Following **Fig D**, take a Chambray 3½in (9cm) square (see **Fig B** for the relevant colour) and two 2in (5.1cm) squares of Fabric 9. Pencil mark a diagonal line on the wrong side of the small squares. Place the squares right sides together with the larger square, aligning them in two opposite corners as shown, and with the marked lines in the directions shown. Sew along the marked lines. Trim off excess fabric ¼in (6mm) outside the sewn lines and then press the triangles outwards. Check the unit is 3½in (9cm) square. Make the other leaf units in the same way, changing fabrics as needed.

**Fig D** Sewing a leaf unit

6 **Sewing a flower unit** These units use the same technique but with print fabrics for the 3½in (9cm) squares and with smaller corner squares (1¼in/3.2cm). Note too, that in many of the units one corner is a different fabric – follow **Fig B** to select the correct pieces. **Fig E** here shows the process for adding the four corners. Once the corners are added and the triangles are pressed outwards, check the unit is 3½in (9cm) square. Make the other flower units in the same way, changing fabrics as needed. You will see that they occur in groups of four.
7 Sewing the block together  When all of the units have been made, arrange the units and plain pieces as shown in Fig F. Take care to arrange the leaf units so they point in the correct direction. The flower units should have matching triangles at their centres. Now sew the units together in rows. Press the seams of alternate rows in opposite directions. Now sew the rows together, matching seams neatly. Press the block and check it is 24½in (62.2cm) square.

Fig F Sewing the block together

Quilting and Finishing
8 Make a quilt sandwich of the patchwork, wadding (batting) and lining fabric (if using). Quilt as desired. Trim off excess wadding and lining fabric to match the patchwork size.

9 To make up the cushion cover, on both pieces of fabric for the cushion back, create a hem along one long side of each piece, by turning the edge over by ½in (1.3cm), twice. Sew the seam with matching thread and press.

10 The cushion has a bound edge, so the pieces are assembled with right sides out, as follows. Place the quilted patchwork right side down. Pin one backing piece on top, right side up and with the hem towards the centre. Pin the second backing piece on top, right side up and hem towards the centre (so the backing pieces overlap). Make sure the outer edges of all three pieces are aligned. Pin the layers together and then bind as normal. As you sew the binding in place it will fix the other layers together. Press the cover and insert a cushion pad to finish.
Flower Wreath Cushion  
(Sage colourway)

If you have made the Flower Wreath Quilt, then this large cushion would make the perfect partner. This one has a soothing Chambray sage background and there is another cushion with a cheerful cerise background – see tildasworld.com for instructions. You could, of course, experiment with other background colours from the Chambray range.

Materials
- Fabric 1: 7in (18cm) square – Gardenlife plum (100310)
- Fabric 2: 7in (18cm) square – Poppies pink (100303)
- Fabric 3: 7in (18cm) square – Striped Petunia coral (100309)
- Fabric 4: 7in (18cm) square – Bowl Peony pink (100301)
- Fabric 5: 7in (18cm) square – Nasturtium blue (100317)
- Fabric 6: 7in (18cm) square – Nasturtium green (100311)
- Fabric 7: 7in (18cm) square – Poppies grey green (100312)
- Fabric 8: 7in (18cm) square – Bowl Peony blue (100320)
- Fabric 9: ¾yd (40cm) – Chambray sage (160011)
- Fabric 10: 4in (10cm) – Chambray warm yellow (160015)
- Fabric 11: 4in (10cm) – Chambray coral (160014)
- Fabric 12: 4in (10cm) – Chambray lavender (160009)
- Fabric 13: 4in (10cm) – Chambray cerise (160013)
- Fabric 14: 7in (18cm) square – Chambray blue (160008)
- Fabric 15: 7in (18cm) square – Chambray teal (160004)
- Fabric 16: 7in (18cm) square – Chambray olive (160012)
- Fabric 17: 7in (18cm) square – Chambray petrol (160005)
- Wadding (batting): 27in (68.6cm) square
- Lining fabric (optional): 27in (68.6cm) square
- Back fabric: two pieces 17in x 24½in (43.2cm x 62.2cm) – Gardenlife green (100315)
- Binding fabric ¼yd (25cm) – Bowl Peony grey green (100314)
- Piecing and quilting threads
- Quilter’s ruler, rotary cutter and mat
- Cushion pad to fit cover

Finished Size
24½in (62.2cm) square

General Notes
- Fabric quantities are based on a usable width of 42in (107cm), unless otherwise stated.
- Measurements are in imperial inches with metric conversions in brackets – use only one system throughout (preferably inches).
- Width measurements are generally given first.
- Press all fabrics before cutting.
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- Read all the instructions through before you start.
**Cushion Layout**

1. The cushion features just a single block, made up of leaf units, flower units and unpieced squares and rectangles. See **Fig A** for the fabrics used and **Fig B** for the layout and fabric positions.

**Fig A** Fabric swatches (Flower Wreath Cushion – sage colourway)

- **Fabric 1**: Gardenlife plum
- **Fabric 2**: Poppies pink
- **Fabric 3**: Striped Petunia coral
- **Fabric 4**: Bowl Peony pink
- **Fabric 5**: Nasturtium blue
- **Fabric 6**: Nasturtium green
- **Fabric 7**: Poppies grey green
- **Fabric 8**: Bowl Peony blue
- **Fabric 9**: Chambray sage
- **Fabric 10**: Chambray warm yellow
- **Fabric 11**: Chambray coral
- **Fabric 12**: Chambray lavender
- **Fabric 13**: Chambray cerise
- **Fabric 14**: Chambray blue
- **Fabric 15**: Chambray teal
- **Fabric 16**: Chambray olive
- **Fabric 17**: Chambray petrol
Fig B  Cushion layout and positions of fabrics

Cutting Out

For the block, cut the following pieces. Refer also to Fig B for the positions of the fabrics and Fig C for the sizes of the pieces.

- From each print Fabric 1, 2, 3, 4, 5, 6, 7 and 8, cut four 3½in (9cm) squares (for a total of thirty-two squares).
- From each Chambray Fabric 14, 15, 16 and 17 cut three 3½in (9cm) squares (for a total of twelve squares).
- From Fabric 9 cut the following pieces.
  - Six 3½in (9cm) squares.
  - Four 6½in x 3½in (16.5cm x 9cm) corner rectangles.
  - Two 9½in x 3½in (24.1cm x 9cm) centre rectangles.
  - Twenty-four 2in (5.1cm) squares.
  - Ninety-six 1¼in (3.2cm) squares.
- From each of Fabric 10, 11, 12 and 13 cut eight 1¼in (3.2cm) squares.
3 Cut the binding fabric into three strips 2½in (6.4cm) x width of fabric. Sew them together end to end and press seams open. Press in half along the length, wrong sides together.

**Fig C** Cut pieces needed for the blocks

![Diagram of flower unit, leaf unit, and plain square with measurements](image)

**Making the Block**

4 The leaf units and the flower units both use a corner triangle technique to create sharp points.

5 **Sewing a leaf unit** Following **Fig D**, take a Chambray 3½in (9cm) square (see **Fig B** for the relevant colour) and two 2in (5.1cm) squares of Fabric 9. Pencil mark a diagonal line on the wrong side of the small squares. Place the squares right sides together with the larger square, aligning them in two opposite corners as shown, and with the marked lines in the directions shown. Sew along the marked lines. Trim off excess fabric ¼in (6mm) outside the sewn lines and then press the triangles outwards. Check the unit is 3½in (9cm) square. Make the other leaf units in the same way, changing fabrics as needed.

**Fig D** Sewing a leaf unit

![Diagram of sewing a leaf unit](image)

6 **Sewing a flower unit** These units use the same technique but with print fabrics for the 3½in (9cm) squares and with smaller corner squares (1¼in/3.2cm). Note too, that in many of the units one corner is a different fabric – follow **Fig B** to select the correct pieces. **Fig E** here shows the process for adding the four corners. Once the corners are added and the triangles are pressed outwards, check the unit is 3½in (9cm) square. Make the other flower units in the same way, changing fabrics as needed. You will see that they occur in groups of four.
When all of the units have been made, arrange the units and plain pieces as shown in Fig F. Take care to arrange the leaf units so they point in the correct direction. The flower units should have matching triangles at their centres. Now sew the units together in rows. Press the seams of alternate rows in opposite directions. Now sew the rows together, matching seams neatly. Press the block and check it is 24½in (62.2cm) square.

**Qquilting and Finishing**

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