



Tilda®

Bon Voyage!

My Dog Pillow

Me and My Dog Pillow

This irresistible pillow is a must-sew project – after all, who could resist these adorable little dogs? The pillow has been designed to be a companion to the Me and My Dog Quilt (see www.tildasworld.com), but it's perfect on its own too, whether sewn just for yourself, or your best buddy or a dog-loving friend.

Materials (Updated April 1st 2020)

- Fabric 1: ¼yd (25cm) or fat quarter – Macaron Plaid blue (130063)
- Fabric 2: 10in (25.4cm) square – Solid lupine (120013)
- Fabric 3: ¼yd (25cm) or fat quarter – Lilit blue (100246)
- Fabric 4: ¼yd (25cm) or fat quarter – Elsie blue (100250)
- Fabric 5: 5in (12.7cm) square – Medium Dots red (130027)
- Fabric 6: 17¾in x 1¾in (45cm x 4.4cm) – Apple Cake Stripe red (130068)
- Wadding (batting) 19in x 12in (48.3cm x 30.5cm)
- Lining fabric (optional): 19in x 12in (48.3cm x 30.5cm)
- Fabric for pillow back: two pieces 12in x 10½in (30.5cm x 26.7cm) – Luna blue (150002) (fabric is 108in/274cm wide)
- Binding fabric ¼yd (25cm) – Allison red (100256)
- One pack of Tilda Bon Voyage buttons, for fastening back of pillow
- Piecing and quilting threads
- Quilter's ruler, rotary cutter and mat
- Off-white embroidery cotton (floss) for hand quilting text (optional)
- Pillow pad to fit cover

Finished Size

17¾in x 10½in (45cm x 26.7cm) approximately, after binding

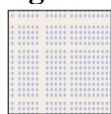
Notes

- Fabric quantities are based on a usable width of 42in (107cm), unless otherwise stated.
- Measurements are in imperial inches with metric conversions in brackets – use only *one* system throughout (preferably inches).
- Press all fabrics before cutting.
- Use ¼in (6mm) seams unless otherwise instructed.
- Read all the instructions through before you start.

Pillow Layout

1 The pillow uses two Dog blocks, one a reversed version of the other. These blocks are linked by a central area. A simple border frames the design. See **Fig A** for the fabric swatches and **Fig B** for pillow layout and the specific positions of the fabrics.

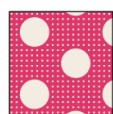
Fig A Fabric swatches (for the pillow)



Fabric 1
Macaron Plaid
blue



Fabric 3
Lilit
blue



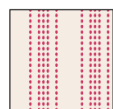
Fabric 5
Medium Dots
red



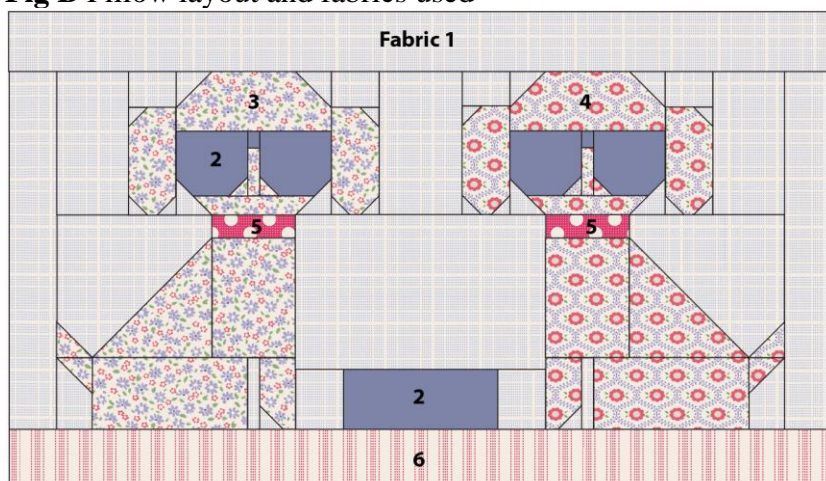
Fabric 2
Solid
lupine



Fabric 4
Elsie
blue



Fabric 6
Apple Cake Stripe
red

Fig B Pillow layout and fabrics used

Cutting Out

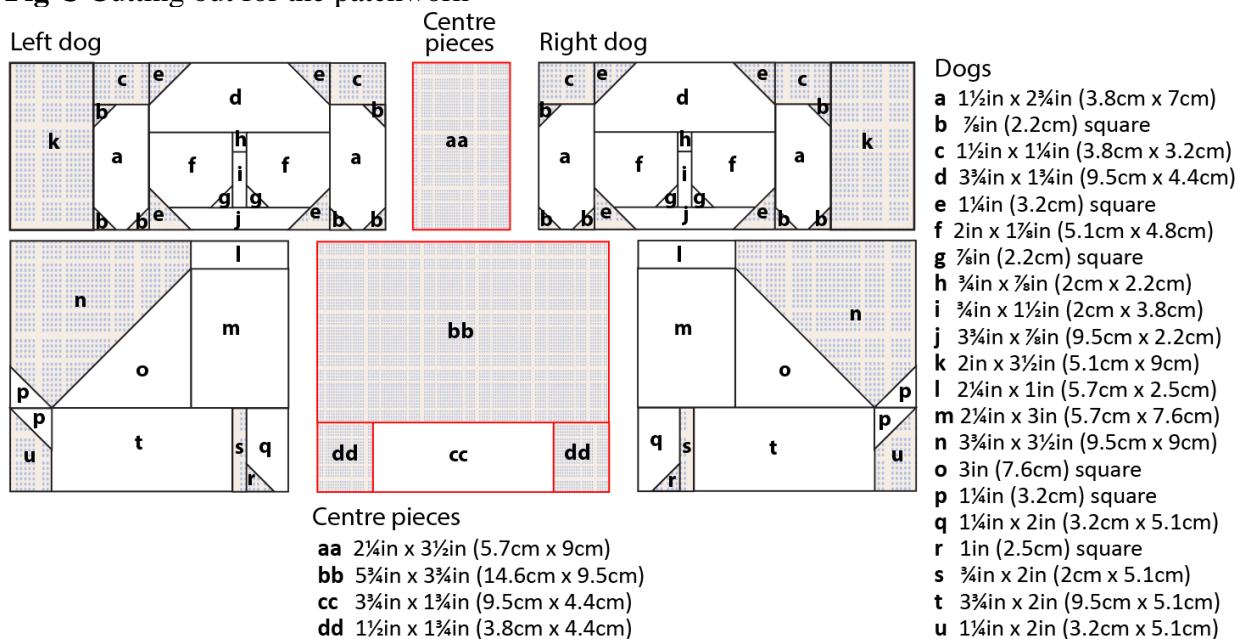
2 The Dog blocks are cut out and made the same way but with different fabrics for each dog.

Fig C shows the cut pieces needed for the dogs and the centre pieces. Cut the pieces according to the sizes given with the diagram and using the fabrics shown in **Fig B**.

3 For the border cut the following pieces.

- From Fabric 1 for the sides – two strips $1\frac{1}{2}$ in x 8in (3.8cm x 20.3cm).
- From Fabric 1 for the top – one strip $17\frac{3}{4}$ in x $1\frac{3}{4}$ in (45cm x 4.4cm).
- From Fabric 6 for the bottom – one strip $17\frac{3}{4}$ in x $1\frac{3}{4}$ in (45cm x 4.4cm).

4 From the binding fabric cut two strips $2\frac{1}{2}$ in (6.4cm) x width of fabric. Sew them together end to end and press seams open. Press in half along the length, wrong sides together.

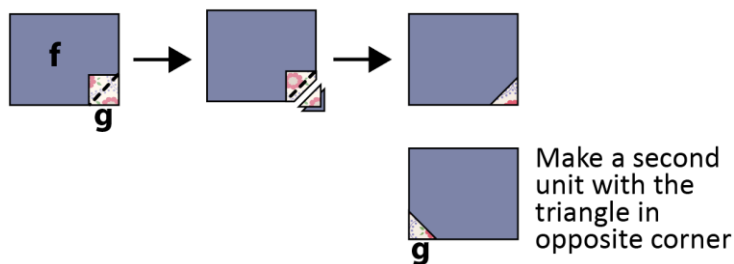
Fig C Cutting out for the patchwork

Making a Dog Block

5 The dog blocks are made the same way, except that one is a mirror image (reflected) version and uses a different fabric for the dog itself. Corner triangle units are used in various places in the blocks, so we will describe this technique first.

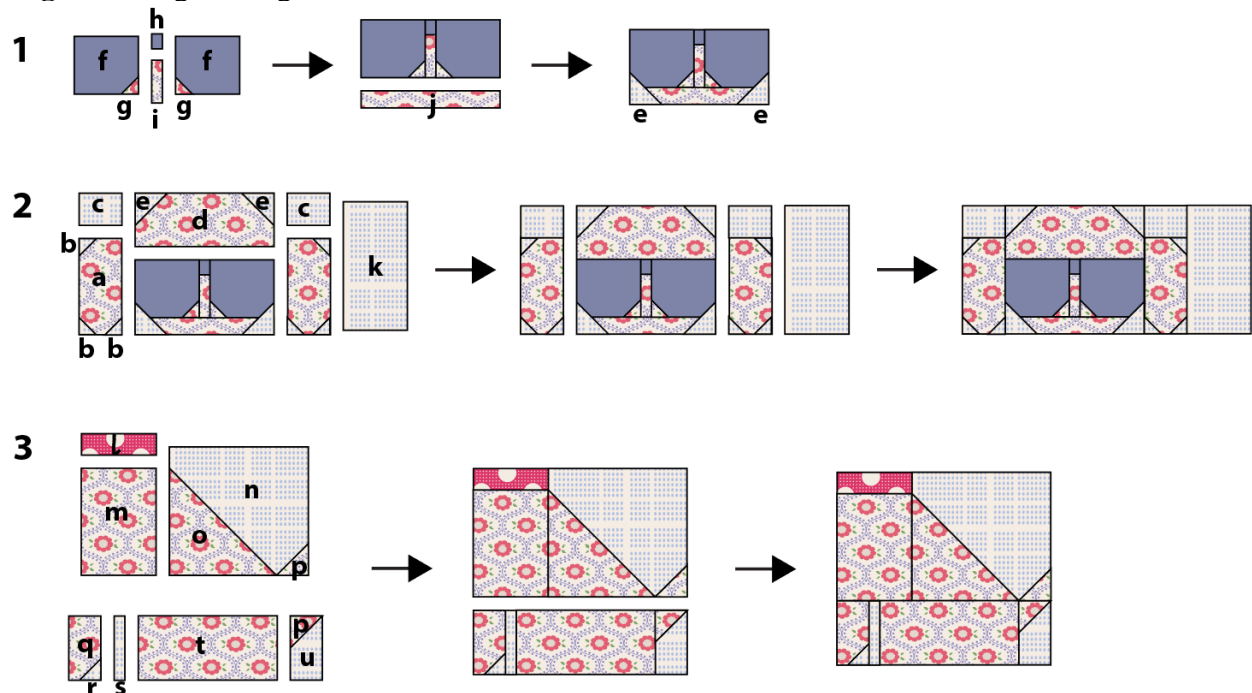
6 Making a corner triangle unit: This technique is described using the sunglasses as an example. Take one **f** piece and one **g** square. Pencil mark the diagonal line on the wrong side of the small square and place it right sides together with the lower right corner of piece **f**, as shown in **Fig D**. Sew along the marked line. Trim off excess fabric $\frac{1}{4}$ in (6mm) outside the sewn line. Press the triangle outwards. Repeat the process to make a second sunglasses unit but with the triangle in the opposite corner, as shown.

Fig D Making a corner triangle unit
Sunglasses



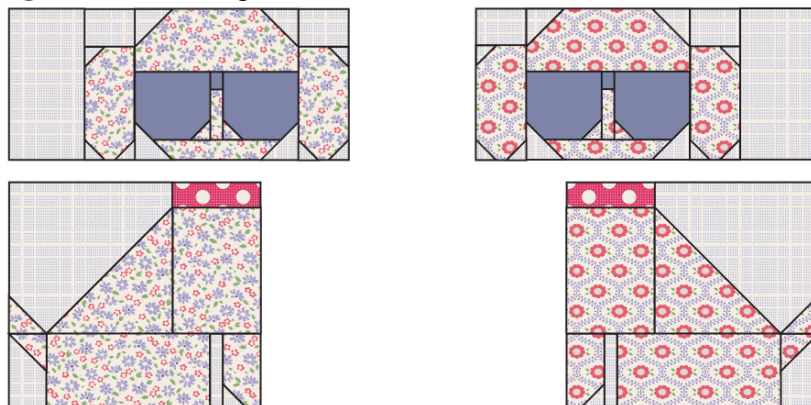
7 A dog block is made up of different units and the order of piecing for these is shown in **Fig E**. Take your time to select the correct pieces and then follow the stages in **Fig E 1**, **E 2** and then **E3**. Make the corner triangles using the process already described, changing shapes and fabrics as needed.

Fig E Sewing the dog units for one block



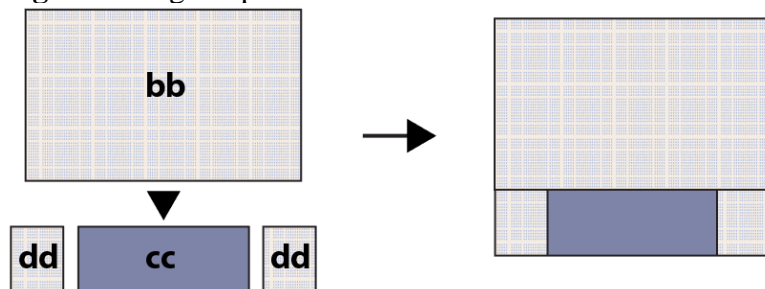
8 When the head and body units for one dog have been sewn, assemble and sew the other dog, reversing the positions of the pieces as needed. **Fig F** shows how the sewn units for both dogs should look.

Fig F The sewn dog units



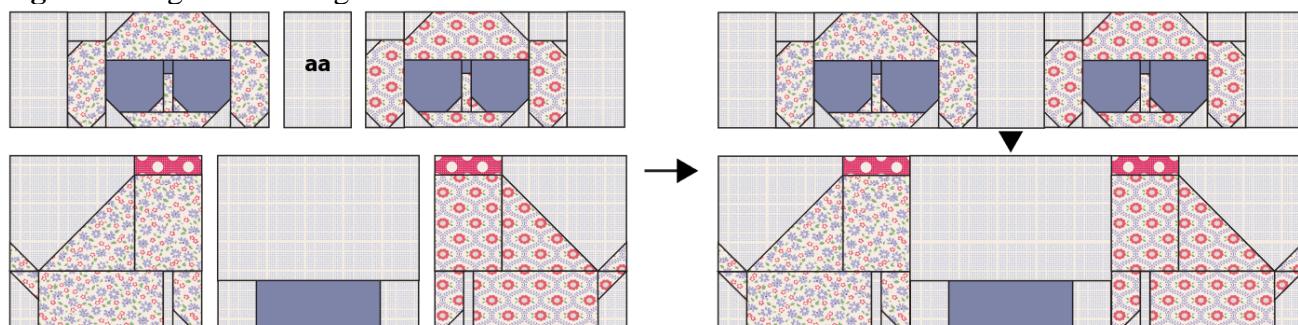
9 Now follow **Fig G** to sew the pieced centre unit.

Fig G Sewing the pieced centre unit



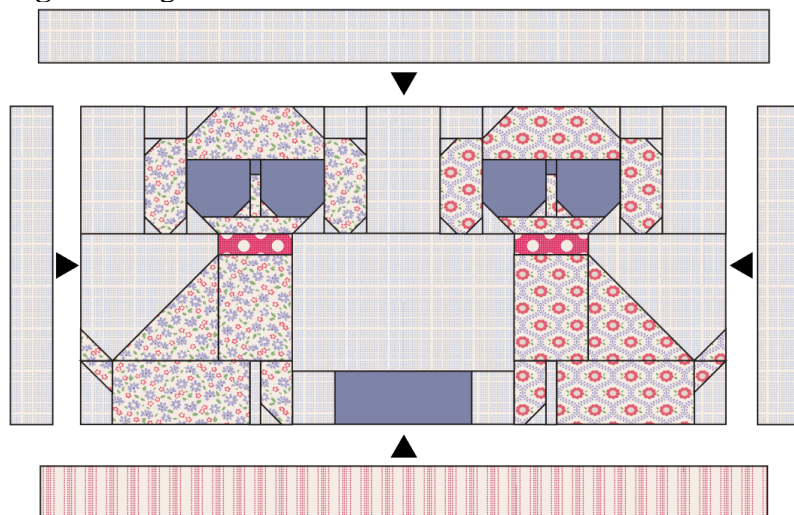
10 Take the dog head and body units, the centre pieced unit and piece **aa** and lay them out as shown in **Fig H**. Sew the units together in two rows and then sew the rows together. Check the patchwork is 15¾in x 8in (40cm x 20.3cm).

Fig H Sewing the units together



Adding the Border

11 Following **Fig I**, sew the short border strips of Fabric 1 to the sides of the patchwork and press seams outwards. Sew the long border strip of Fabric 1 to the top of the patchwork and the long strip of Fabric 6 to the bottom and press seams outwards.

Fig I Adding the border

Quilting and Making Up

12 Make a quilt sandwich of the patchwork, wadding (batting) and lining fabric (if using). Quilt as desired. In our pillow, we quilted the word “Dior” in an off-white colour (see **Fig J**). You can do this quilting by hand or machine. When quilting is finished, trim excess wadding and lining to match the patchwork size.

Fig J Quilting the word

13 Making up the pillow cover: On both pieces of fabric for the pillow back, create a hem along one short side of each piece, by turning the edge over by 1 in (2.5cm), twice. Sew the seams with matching thread and press.

14 On the right side of one piece, mark the positions of four buttonholes at equal distances along the hem (**Fig K**). On the other piece, mark the positions of four buttons at equal distances along the hem and matching them up with the buttonhole positions. Use your sewing machine to create the buttonholes (or do them by hand using a dense hand blanket stitch). Sew the buttons into position.

15 The pillow has a bound edge, so the pieces are assembled with right sides out, as follows. Place the quilted patchwork right side down. Put the buttons into the buttonholes, so the back pieces become one piece and then place this right side up on the patchwork. Make sure the outer edges are aligned (you may have to trim the edges of the backing piece a little) (**Fig L**). Pin the layers together and then bind as normal. As you sew the binding in place it will fix the other layers together, although you could tack (baste) the layers together first if you prefer. Once the cover is bound, press it and insert a pillow pad to finish.

Fig K Marking button and buttonhole positions

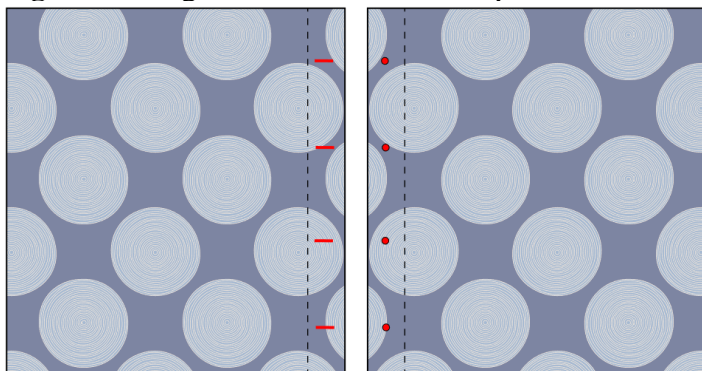


Fig L Arranging the pieces ready for binding

