

Tilda®

*Bon Voyage!*

Me and my dog Quilt





## Me and My Dog Quilt

Who could resist making this utterly charming quilt, with these trendy young girls and their oh-so-cute dogs? The girls are each sewn the same way but wear a different dress in Bon Voyage fabrics, which creates a fresh and colourful look. The quilt is straightforward to sew as it is made up of three main blocks – the girl, her legs and the dog. The sashing between the blocks continues the background colour nicely.

### Materials (Updated April 1st 2020)

- Fabric 1: 4yd (3.75m) – Macaron Plaid blue (130063)
- Fabric 2: 1¼yd (1.2m) – Solid cappuccino (120007)
- Fabric 3: ⅝yd (15cm) – Solid lupine (120013)
- Fabric 4: ½yd (50cm) – Hare Tile blue (100241)
- Fabric 5: ½yd (50cm) – Flowerleaf blue (100242)
- Fabric 6: ½yd (50cm) – Ringflower blue (100243)
- Fabric 7: 10in (25.4cm) square – Birdvine blue (100244)
- Fabric 8: ½yd (50cm) – Flowerleaf sand (100245)
- Fabric 9: ⅝yd (15cm) – Lilit blue (100246)
- Fabric 10: ⅝yd (15cm) – Paperflower blue (100247)
- Fabric 11: ¼yd (25cm) – Lilit teal (100248)
- Fabric 12: ¼yd (25cm) – Allison blue (100249)
- Fabric 13: ⅝yd (15cm) – Elsie blue (100250)
- Fabric 14: ½yd (50cm) – Ringflower red (100251)
- Fabric 15: 10in (25.4cm) square – Hare Tile sand (100252)
- Fabric 16: ½yd (50cm) – Flowerleaf red (100253)
- Fabric 17: ½yd (50cm) – Hare Tile red (100255)
- Fabric 18: ½yd (50cm) – Allison red (100256)
- Fabric 19: 10in (25.4cm) square – Paperflower teal (100257)
- Fabric 20: ⅝yd (15cm) – Lilit red (100258)
- Fabric 21: ⅝yd (15cm) – Elsie red (100259)
- Fabric 22: ⅝yd (15cm) – Paperflower red (100260)
- Fabric 23: 10in (25.4cm) square – Medium Dots red (130027)
- Wadding (batting) 63in x 83in (160cm x 211cm)
- Backing fabric: 1¾yds (1.6m) – Luna blue (150002) – 108in (274cm) wide fabric
- Binding fabric ½yd (50cm) – Medium Dots red (130027)
- Piecing and quilting threads
- Quilter's ruler, rotary cutter and mat
- Red embroidery cotton (floss) for hand quilting the dogs' leads (optional)

### Fabric Note

Where a long eighth or long quarter of a yard is given in the Materials list you could use fat eighths and fat quarters instead. A fat eighth is assumed to be approximately 10½in x 18in (26.7cm x 45.7cm) and a fat quarter approximately 21in x 18in (53.3cm x 45.7cm).

### Finished Size

55in x 75in (140cm x 190.5cm) after binding

### Notes

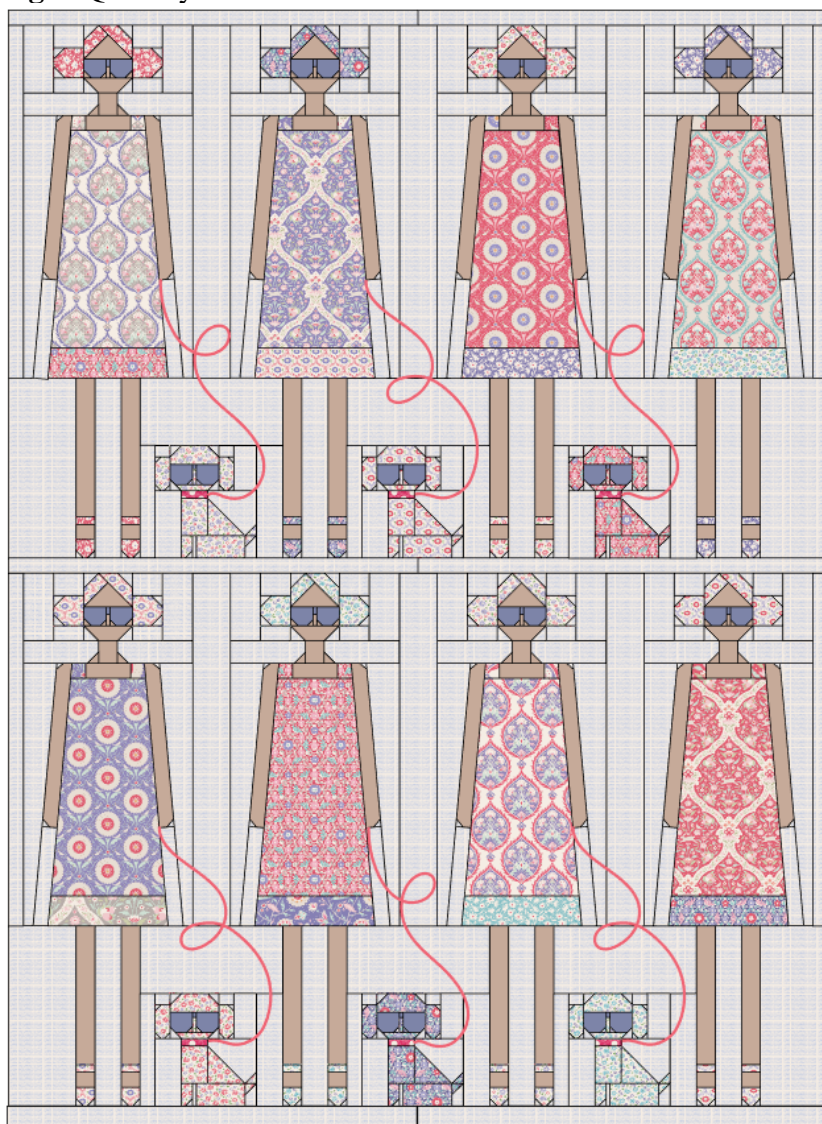
- Fabric quantities given are based on a usable width of 42in (107cm), unless otherwise stated.
- Measurements are in imperial inches with metric conversions in brackets – use only *one* system throughout (preferably inches).
- Press all fabrics before cutting.
- Use ¼in (6mm) seams unless otherwise instructed.
- Read all the instructions through before you start.

## Quilt Layout

**1** The quilt is made up of eight Girl blocks and six Dog blocks. Sashing filler pieces are used vertically between the blocks and horizontally at the top, centre and bottom of the quilt. See **Fig A** for the fabrics used and **Fig B** for the quilt layout.

**Fig A** Fabric swatches



**Fig B** Quilt layout

## Cutting Out

**2** The Girl blocks are all cut out and made the same way but with different fabrics for each girl. **Fig C** shows the cut pieces needed for the girl's head and body and her legs. When cutting the fabrics used for the dresses (Fabric 4, 5, 6, 8, 14, 16, 17 and 18) you may want to fussy cut, so the fabric pattern runs vertically down the centre of the dress. Some extra fabric has been allowed for this. For Fabric 18, it's best to cut the dress piece last, to make sure you have enough for any other pieces needed.

The Dog blocks are all cut out and made the same way but with different fabrics for each dog. **Fig D** shows the cut pieces needed for a dog. Cut the pieces according to the sizes given with the diagrams and using the fabrics shown in **Fig E**.

**3** For the sashing pieces cut the following from Fabric 1.

- Sashing 1 – four strips each 1½in x 24in (3.8cm x 61cm).
- Sashing 2 – six strips each 3in x 24in (7.6cm x 61cm).
- Sashing 3 – four strips each 5in x 12½in (12.7cm x 31.8cm).

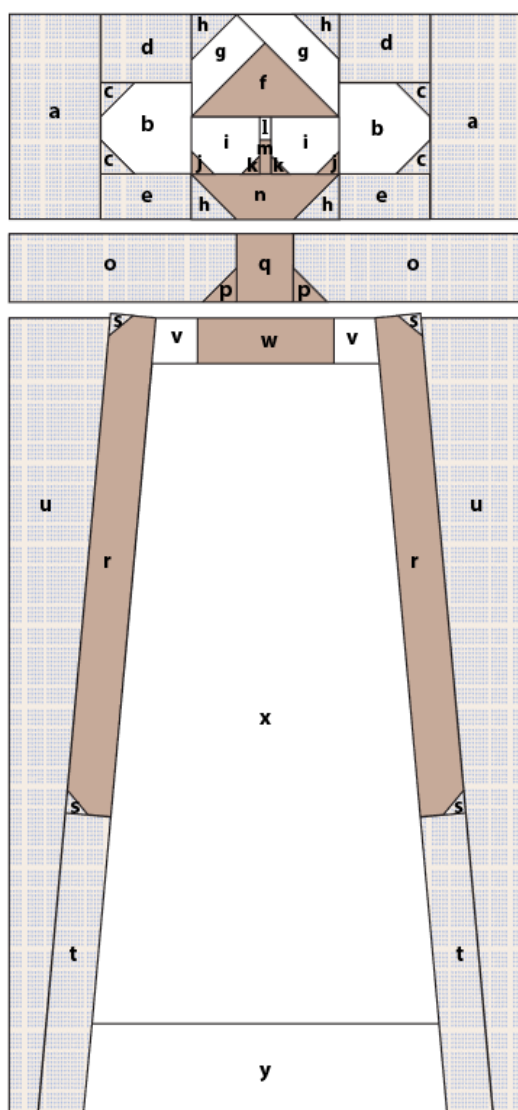
- Sashing 4 – four strips each  $1\frac{1}{2}$ in x 28in (3.8cm x 71.1cm), for the top of quilt.  
Take two strips, sew them together and press the seam open. Trim a  $\frac{1}{4}$ in (6mm) off each end, to make the total strip length 55in (140cm). Repeat with the other two strips.
- Sashing 5 – two strips each 2in x 28in (5.1cm x 71.1cm), for the bottom of quilt.  
Sew the strips together and press the seam open. Trim a  $\frac{1}{4}$ in (6mm) off each end, to make the total strip length 55in (140cm).

**4** Cut the backing fabric into a single piece about 63in x 83in (160cm x 211cm).

**5** Cut the binding fabric into seven strips  $2\frac{1}{2}$ in (6.4cm) x width of fabric. Sew them together end to end and press seams open. Press in half along the length, wrong sides together.

### Fig C Cutting out for a Girl block

Sizes include seam allowances. All pieces to be cut initially as squares or rectangles

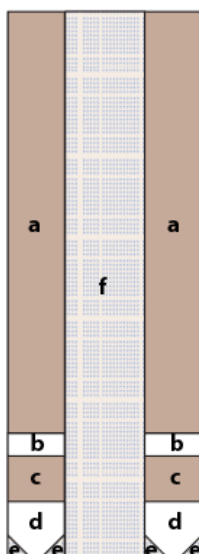


#### Head and body

- a  $2\frac{1}{2}$ in x 5in (6.4cm x 12.7cm)
- b  $2\frac{1}{2}$ in (6.4cm) square
- c  $1\frac{1}{2}$ in (3.2cm) square
- d  $2\frac{1}{2}$ in x 2in (6.4cm x 5.1cm)
- e  $2\frac{1}{2}$ in x  $1\frac{1}{2}$ in (6.4cm x 3.8cm)
- f  $3\frac{3}{4}$ in x  $2\frac{3}{4}$ in (9.5cm x 7cm)
- g  $2\frac{3}{4}$ in (7cm) square
- h  $1\frac{1}{2}$ in (3.8cm) square
- i  $2$ in x  $1\frac{3}{4}$ in (5.1cm x 4.4cm)
- j  $1$ in (2.5cm) square
- k  $\frac{7}{8}$ in (2.2cm) square
- l  $\frac{3}{4}$ in x  $1$ in (2cm x 2.5cm)
- m  $\frac{3}{4}$ in x  $1\frac{1}{2}$ in (2cm x 3.2cm)
- n  $3\frac{3}{4}$ in x  $1\frac{1}{2}$ in (9.5cm x 3.8cm)
- o  $5\frac{1}{2}$ in x 2in (14cm x 5.1cm)
- p  $1\frac{1}{2}$ in (3.2cm) square
- q  $1\frac{1}{2}$ in x 2in (4.4cm x 5.1cm)
- r  $1\frac{1}{2}$ in x  $11\frac{1}{2}$ in (3.8cm x 29.2cm)
- s  $1$ in (2.5cm) square
- t  $1\frac{1}{2}$ in x  $7\frac{1}{4}$ in (3.8cm x 18.4cm)
- u  $2\frac{3}{4}$ in x 18in (7cm x 45.7cm)
- v  $1\frac{1}{2}$ in (3.8cm) square
- w  $3\frac{1}{2}$ in x  $1\frac{1}{2}$ in (9cm x 3.8cm)
- x  $8\frac{1}{2}$ in x 15in (21.6cm x 38.1cm)
- y  $8\frac{1}{2}$ in x  $2\frac{1}{2}$ in (21.6cm x 6.4cm)

#### Legs

- a  $1\frac{3}{4}$ in x  $9\frac{3}{4}$ in (4.4cm x 24.8cm)
- b  $1\frac{3}{4}$ in x  $1$ in (4.4cm x 2.5cm)
- c  $1\frac{3}{4}$ in x  $1\frac{1}{2}$ in (4.4cm x 3.8cm)
- d  $1\frac{3}{4}$ in (4.4cm) square
- e  $1$ in (2.5cm) square
- f  $2\frac{1}{2}$ in x  $12\frac{1}{2}$ in (5.7cm x 31.7cm)

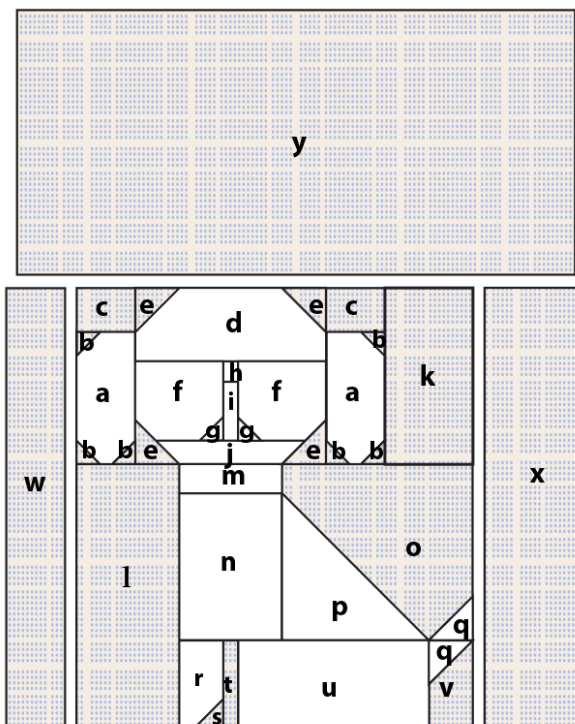




**Fig D** Cutting out for a Dog block

Sizes include seam allowances

All pieces to be cut initially as squares or rectangles



- a** 1½in x 2¾in (3.8cm x 7cm)
- b** ¾in (2.2cm) square
- c** 1½in x 1¼in (3.8cm x 3.2cm)
- d** 3¾in x 1¾in (9.5cm x 4.4cm)
- e** 1¼in (3.2cm) square
- f** 2in x 1½in (5.1cm x 4.8cm)
- g** ¾in (2.2cm) square
- h** ¾in x ¾in (2cm x 2.2cm)
- i** ¾in x 1½in (2cm x 3.8cm)
- j** 3¾in x ¾in (9.5cm x 2.2cm)
- k** 2in x 3½in (5.1cm x 9cm)
- l** 2¼in x 5in (5.7cm x 12.7cm)
- m** 2¼in x 1in (5.7cm x 2.5cm)
- n** 2¼in x 3in (5.7cm x 7.6cm)
- o** 3¾in x 3½in (9.5cm x 9cm)
- p** 3in (7.6cm) square
- q** 1¼in (3.2cm) square
- r** 1¼in x 2in (3.2cm x 5.1cm)
- s** 1in (2.5cm) square
- t** ¾in x 2in (2cm x 5.1cm)
- u** 3¾in x 2in (9.5cm x 5.1cm)
- v** 1¼in x 2in (3.2cm x 5.1cm)
  
- w** 1½in x 8in (3.8cm x 20.3cm)
- x** 2¼in x 8in (5.7cm x 20.3cm)
- y** 10in x 5in (25.4cm x 12.7cm)

**Fig E** Fabrics used for blocks

Numbers indicate fabrics used (see Fig A)

Make 1 of each block



## Making a Girl Block

**6** The girl blocks are cut and made the same way. Follow **Fig D** for the cut measurements and **Fig E** for the fabrics used. Girl 1 will be described in detail. Corner triangle units are used in various places in all of the blocks, so we will describe this technique first.

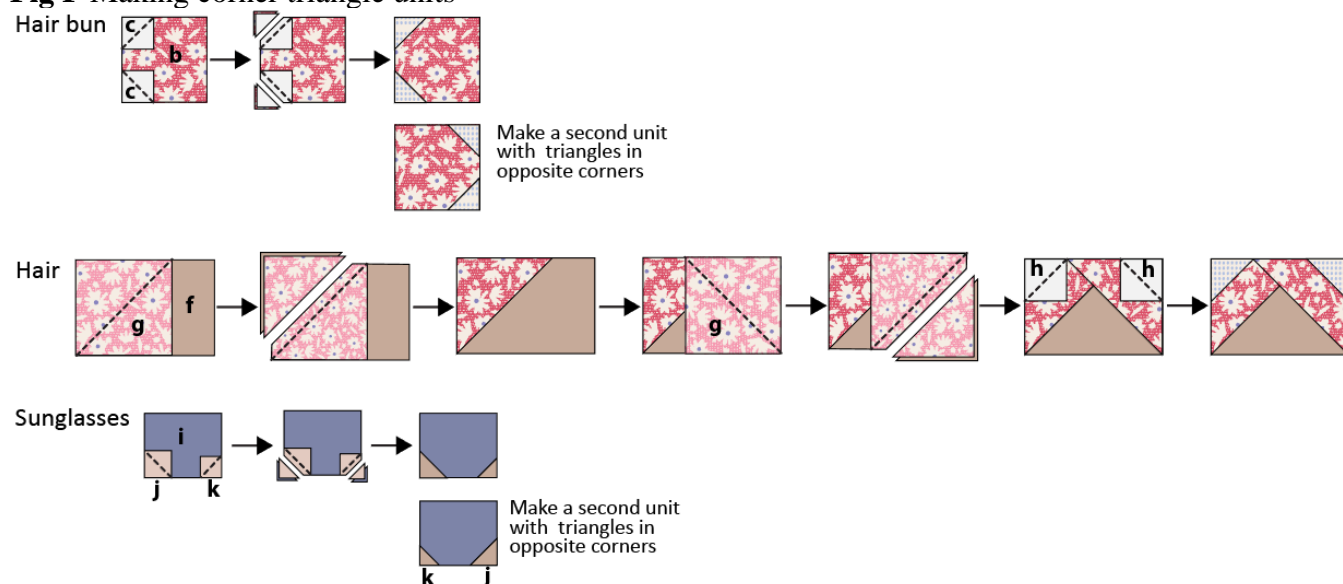
**7 Making a corner triangle unit:** we will describe the process of this technique, showing three examples of it in **Fig F** (the girl's hair bun, hair and sunglasses). When the units are made, set them aside until later.

For a hair bun, take one **b** piece (Fabric 22) and two **c** squares (Fabric 1). Pencil mark the diagonal line on the wrong side of both small squares and place the squares right sides together with the left-hand side of the Fabric 1 piece, as shown. Sew along the marked lines. Trim off excess fabric ¼in (6mm) outside the sewn line. Press the triangles outwards. Repeat to make a second hair bun but with the triangles in the opposite corners, as shown.

For the hair unit that forms the top of the girl's head, take one **f** piece (Fabric 2), two **g** squares (Fabric 22) and two **h** squares (Fabric 1). Mark the diagonal lines on the backs of all pieces except **f**. Follow the diagram to make corner triangles using the **g** pieces, and then use the smaller **h** pieces to form the final two triangles.

For the sunglasses, take one **i** piece (Fabric 3), one **j** square (Fabric 2) and one **k** square (Fabric 1) – note that **j** and **k** are different sizes. Mark the diagonal lines on the backs of the two squares and then sew the corner triangles as shown. Repeat to make a second sunglasses unit but with the different sized triangles in the opposite corners, as shown.

**Fig F** Making corner triangle units



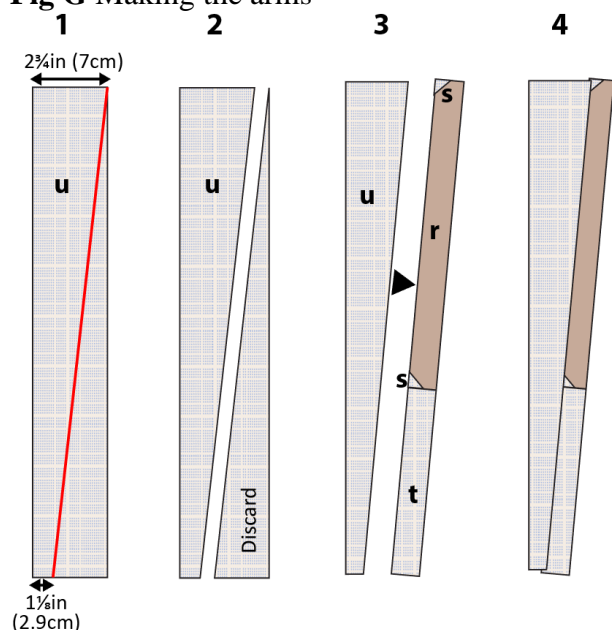
**8** Use this same corner triangle technique to make unit **h/n/h** for the face, and then two of unit **o/p** for the shoulders.

**9 Making the arms:** Take piece **u** (Fabric 1) and mark a point 1½in (2.9cm) in from the bottom left side. Draw a pencilled line from this point to the top right-hand side of the fabric, as shown in **Fig G 1**. Cut along this marked line and discard the thin triangle (**Fig G 2**). On piece **r** (Fabric 2) create corner triangles with two **s** squares (Fabric 1) in the positions shown in **Fig G 3**. Sew piece **t** (Fabric 1) to the bottom of piece **r**. Press the seam open. Now sew the two units together as in **Fig G 4**, using a *scant* ¼in (6mm) seam and matching the units at the centre points along their lengths (unit **r/s/t** will be slightly longer at each end than piece **u**).



**10** Repeat this process to create the other arm, but *reversing* the positions of the fabrics (and the cutting line) to create an arm facing the opposite direction.

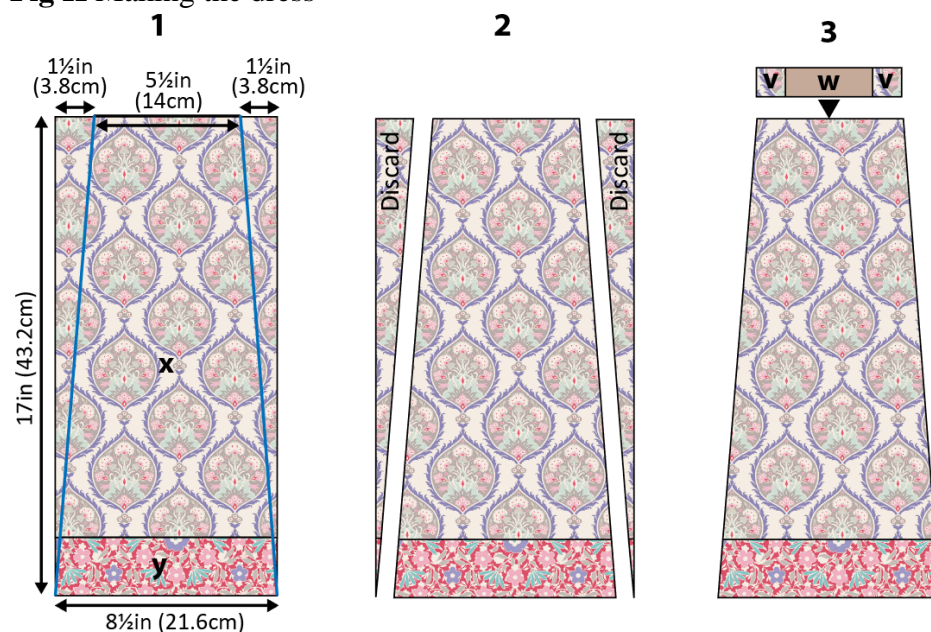
**Fig G** Making the arms



**11 Making the dress:** Take piece **x** (Fabric 8) and piece **y** (Fabric 18) and sew the smaller piece to the bottom of the larger piece and press. Mark a point  $1\frac{1}{2}$  in (3.8cm) in from the top left side and also the top right side, as shown in **Fig H 1**. Draw pencilled lines from these points to the bottom sides of the whole fabric piece, as shown. Cut along these marked lines and discard the thin side triangles (**Fig H 2**).

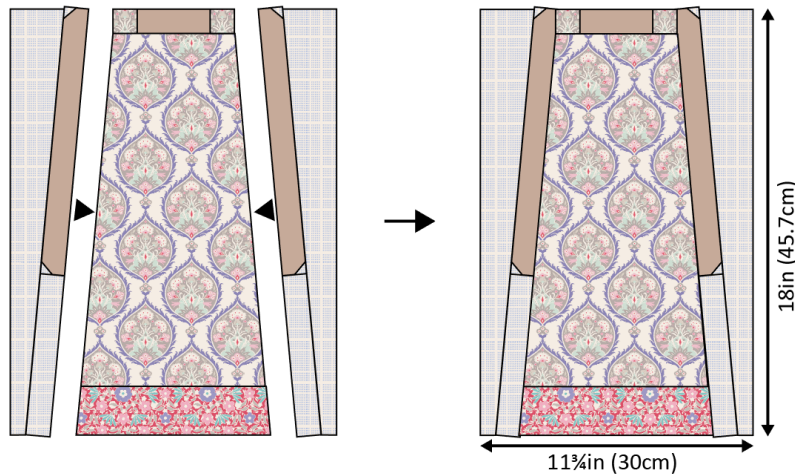
**12** For the shoulder straps of the dress, sew pieces **v**, **w** and **v** together. Sew this unit to the narrow top of piece **x** and press (**Fig H 3**).

**Fig H** Making the dress



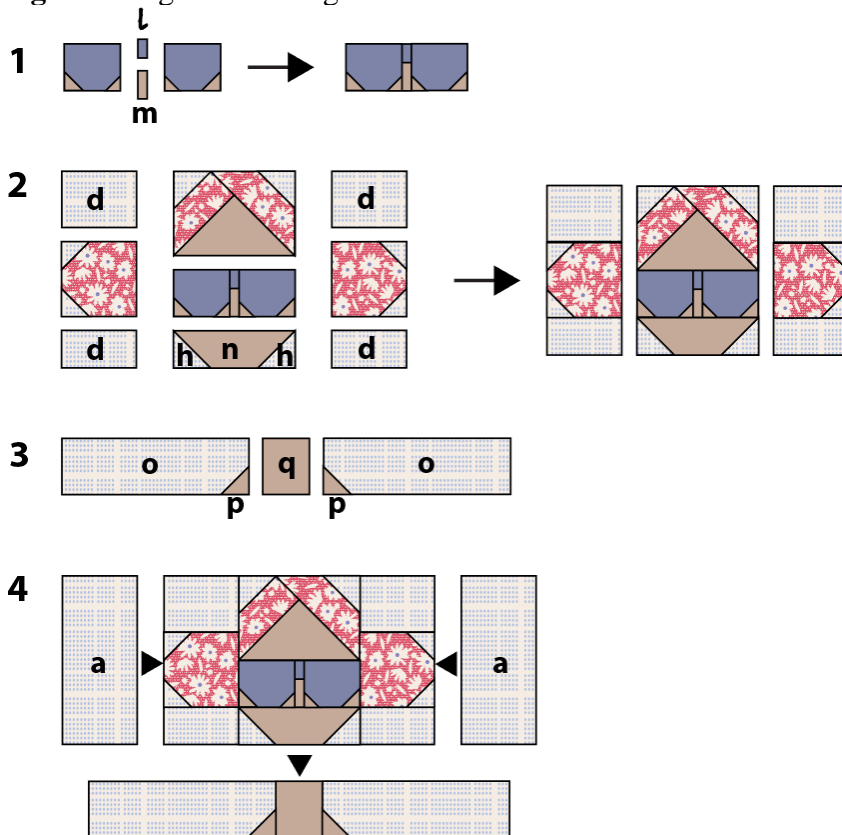
**13** Take the arm units you made earlier and using *scant*  $\frac{1}{4}$ in (6mm) seams, sew these to the sides of the dress (**Fig I**). Press and check that the whole unit measures  $11\frac{3}{4}$ in (30cm) wide x 18in (45.7cm) high.

**Fig I** Sewing the arms to the dress



**14 Sewing the head units together:** Take the hair bun, hair, sunglasses, chin and neck units you made earlier, plus the other pieces needed for the head and neck and lay them out as in **Fig J**. Sew the units together as detailed in **Fig J 1, J 2, J 3** and then **J 4**.

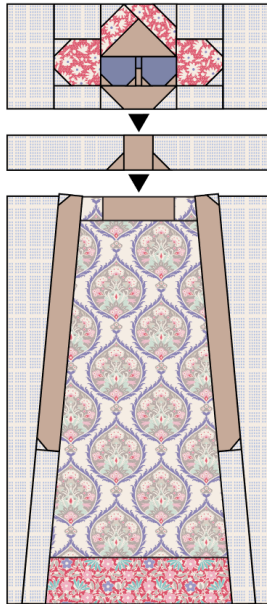
**Fig J** Sewing the head together





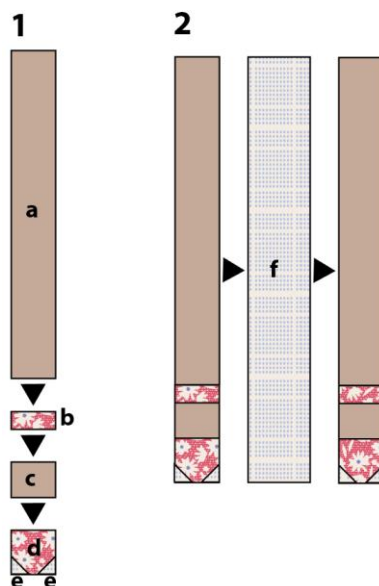
**15 Sewing the block together:** Take the head, neck and body units for the girl and sew them together as in **Fig K**. Check the girl head and body unit is 11¾in x 24in (30cm x 61cm).

**Fig K** Sewing the girl block together



**16 Sewing the legs:** Take the pieces for one leg (**a, b, c, d, e, e**). Select piece **d** and using the two **e** pieces, create corner triangles on the bottom corners, using the same method as before. Now sew the pieces into a column as shown in **Fig L 1**. Repeat to create another leg like this. Now take piece **f** of Fabric 1 and sew it between the two leg units (**Fig L 2**). Check the leg unit is 4¾in x 12½in (12cm x 31.8cm).

**Fig L** Sewing the legs



**17** Make the rest of the Girl blocks and their leg units, using the same process as already described and following the fabrics given in **Fig E**. Once made, set the units aside until later.

## Making a Dog Block

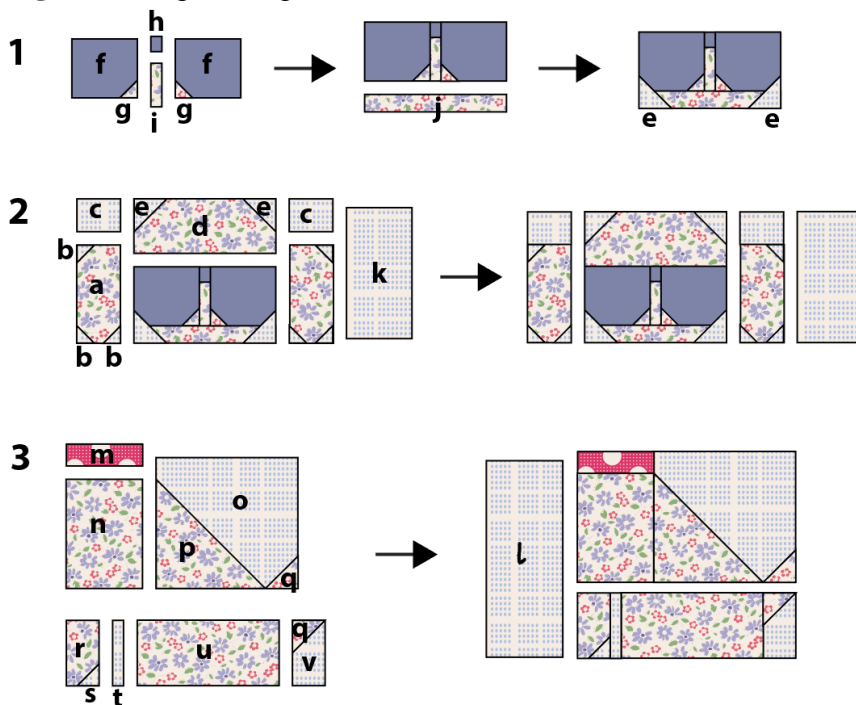
**18** There are six Dog blocks, all made the same way but varying the fabric used for the dog itself. Follow **Fig D** for the cut measurements of a single block and **Fig E** for the fabrics used. Dog 1 will be described in detail. Corner triangle units are used in various places in the block, so use the same technique you did before.

**19** The block is made up of different units and the order of piecing for these is shown in detail in **Fig M** (for the Dog 1 block). Take your time to select the correct pieces and then follow the stages in **Fig M 1, M 2** and then **M3**.

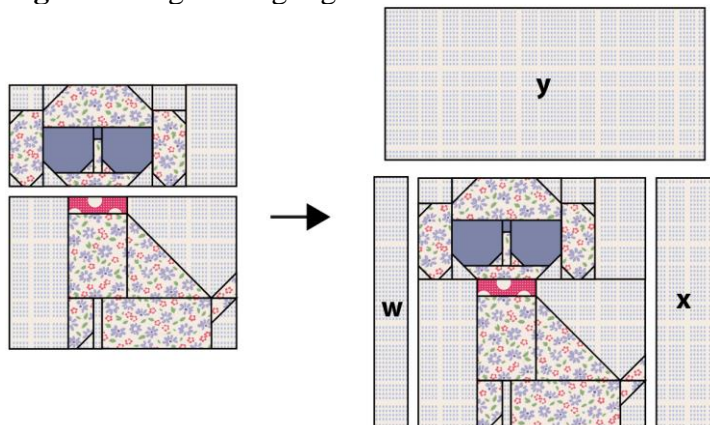
**20** Take the dog head and body units and sew them together, as in **Fig N**. Now add pieces w, x and y to finish the block. Check the block is 10in x 12½in (25.4cm x 31.8cm).

**21** Using the same steps, make the rest of the Dog blocks, following the fabrics in **Fig E**.

**Fig M** Sewing the dog units



**Fig N** Sewing the dog together





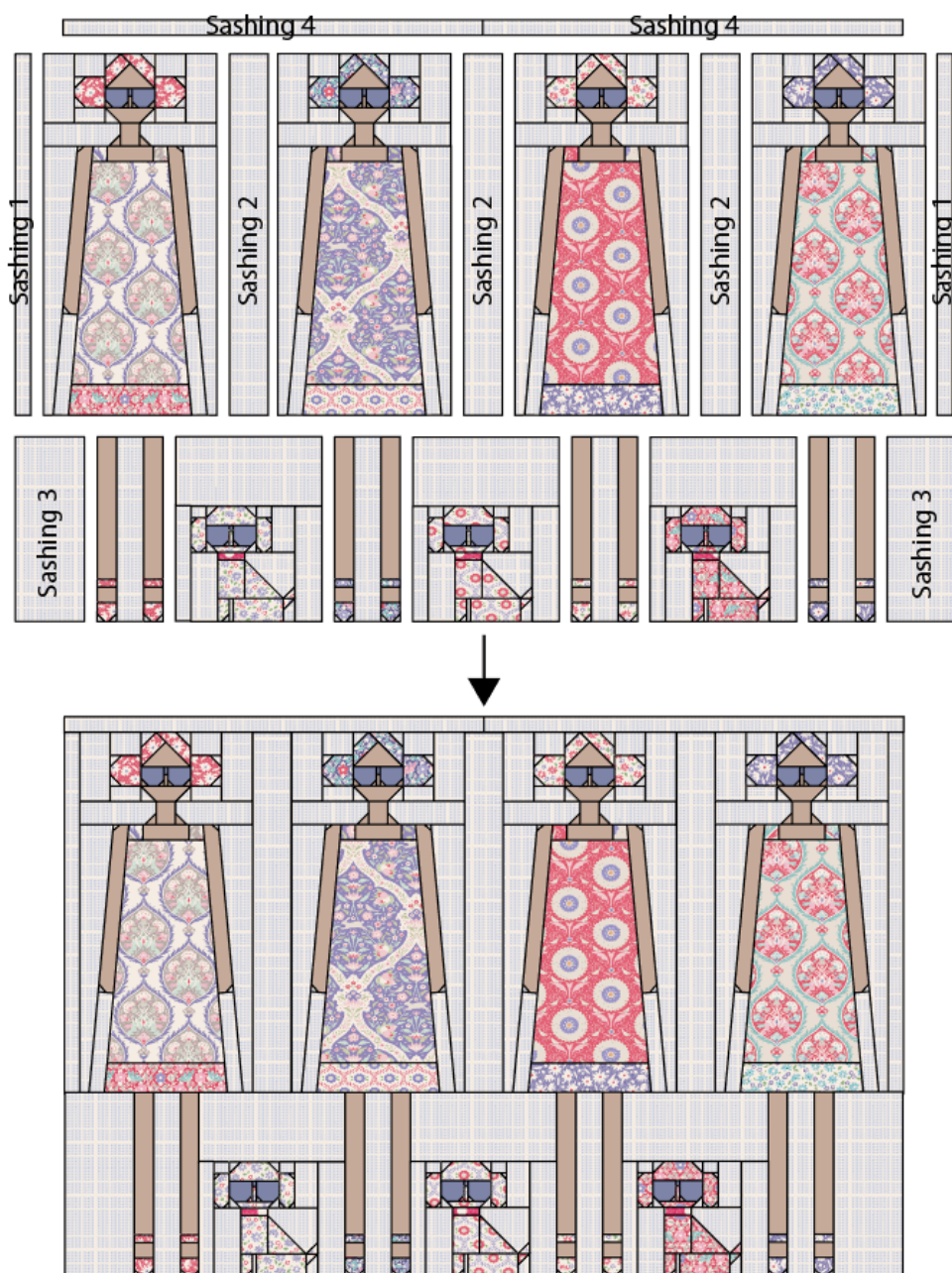
## Assembling the Quilt

**22** The quilt is assembled in rows first. The top two rows (the top half of the quilt) are shown in **Fig O** so follow the layout shown there, placing the filler sashing pieces – Sashing 1, Sashing 2 and Sashing 3 – where shown. Sew the first row together and press. Add the Sashing 4 long strip to the top and press.

The second row is a legs and dog row. Sew these together as in **Fig O**, adding a Sashing 3 piece at each end of the row. Now sew the two rows together.

**23** For the bottom half of the quilt, repeat this process with the remaining blocks and sashing pieces, following **Fig B** for the layout of the blocks. Finally, add the long Sashing 5 strip to the bottom of the quilt and press.

**Fig O** Assembling the quilt



## Quilting and Finishing

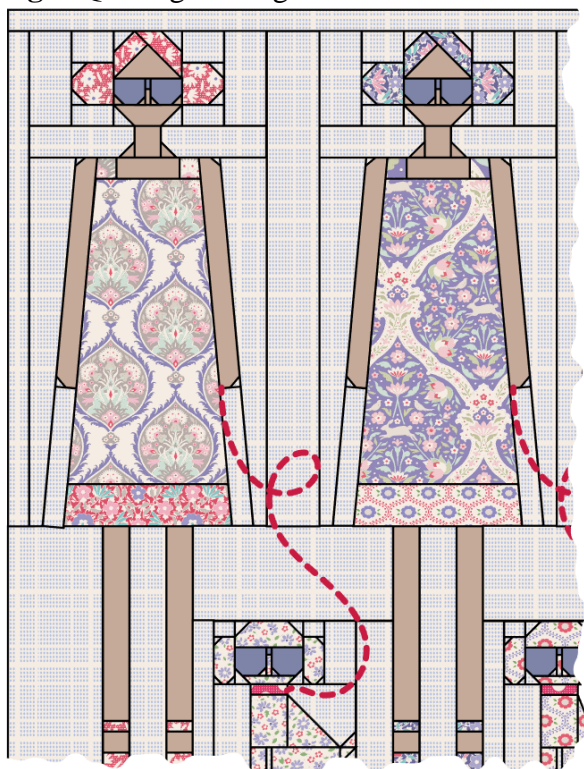
**24** If you are quilting the quilt yourself you now need to make a quilt sandwich – you can do this in various ways, as follows.

- Use large stitches to tack a grid through the layers of the quilt in both directions, with lines about 4in (10cm) apart.
- Use pins or safety pins to fix the layers together.
- Use fabric glue, sprayed onto the wadding to fix the layers together.

If you are sending the quilt off to be commercially long-arm quilted you won't need to make a sandwich, as this is done when the quilt is mounted on the machine. When the layers of the quilt are secured you can quilt as desired.

**25** In our quilt, we quilted the dogs' leads in a red thread. The general position is shown in **Fig P**. You can do this quilting by hand or machine. When all quilting is finished, square up the quilt ready for binding.

**Fig P** Quilting the dog lead



**26** Use the prepared double-fold binding strip to bind your quilt. Sew the binding to the quilt by pinning the raw edge of the folded binding against the raw edge of the quilt. Don't start at a corner. Using a  $\frac{1}{4}$ in (6mm) seam, sew the binding in place, starting at least 6in (15.2cm) away from the end of the binding. Sew to within a  $\frac{1}{4}$ in (6mm) of a corner and stop. Take the quilt off the machine and fold the binding upwards, creating a mitred corner. Hold this in place, fold the binding back down and pin it in place. Begin sewing the  $\frac{1}{4}$ in (6mm) seam again from the top of the folded binding to within  $\frac{1}{4}$ in (6mm) of the next corner and then repeat the folding process. Do this on all corners. Leave a 6in (15.2cm) 'tail' of unsewn binding at the end.



**27** To join the two ends of the binding, open up the beginning and end of the binding tails, lay them flat and fold the ends back so the two ends touch. Mark these folds by creasing or with pins – this is where your seam needs to be. Open out the binding and sew the pieces together at these creases. Trim off excess fabric and press the seam. Re-fold the binding and finish stitching it in place on the front of the quilt.

**28** With the quilt right side up, use a medium-hot iron to press the binding outwards all round. Now begin to turn the binding over to the back of the quilt, pinning it in place. Use matching sewing thread and tiny stitches to slipstitch the binding in place all round, creating neat mitres at each corner. Press the binding and your fabulous quilt is finished.