

## Mosaic Birds Pillow

This pretty pillow has been designed to match the Mosaic Birds Quilt, but it would be a lovely project to make on its own, perhaps as a gift for a friend. It uses just one Double Bird block that is made in the same way as the quilt. Smaller amounts of fabric are needed, just $1 / 4 \mathrm{yd}(25 \mathrm{~cm})$ for the solid lupine and 5 in $(12.7 \mathrm{~cm})$ or 10in $(25.4 \mathrm{~cm})$ squares for the other patchwork fabrics. If you want to make the quilt too, the instructions can be found at www.tildasworld.com.

## Materials

- Fabric 1: $1 / 4 y d(25 \mathrm{~cm})$ - Solid lupine (120013)
- Fabric 2: 10in ( 25.4 cm ) square - Allison red (100256)
- Fabric 3: 10in ( 25.4 cm ) square - Elsie red (100259)
- Fabric 4: 10in ( 25.4 cm ) square - Lilit teal (100248)
- Fabric 5: 10in $(25.4 \mathrm{~cm})$ square - Flowerleaf red (100253)
- Fabric 6: 5in ( 12.7 cm ) square - Birdvine sand (100254)
- Fabric 7: 10in ( 25.4 cm ) square - Hare Tile red (100255)
- Fabric 8: 5in (12.7cm) square - Paperflower teal (100257)
- Fabric 9: fat eighth - Hare Tile blue (100241)
- Fabric 10: 5in ( 12.7 cm ) square - Sophie blue (130094)
- Fabric 11: 5in (12.7cm) square - Sophie teal (130093)
- Fabric 12: 10in ( 25.4 cm ) square - Paperflower blue (100247)
- Fabric 13: 5in ( 12.7 cm ) square - Elsie blue (100250)
- Fabric 14: 5in ( 12.7 cm ) square - Ringflower red (100251)
- Fabric 15: 10in ( 25.4 cm ) square - Allison blue (100249)
- Fabric 16: 5in (12.7cm) square - Paperflower red (100260)
- Fabric 17: 5in (12.7cm) square - Ringflower blue (100243)
- Fabric 18: $21 / 2 \mathrm{in} \times 14 \mathrm{in}(6.4 \mathrm{~cm} \times 35.5 \mathrm{~cm})$ - Lilit red (100258)
- Fabric 19: 16 in x $2 \frac{1}{2}$ in $(40.6 \mathrm{~cm} \times 6.4 \mathrm{~cm})$ - Flowerleaf blue (100242)
- Fabric 20: 16in x $2^{1 ⁄ 2}$ inin ( $40.6 \mathrm{~cm} \times 6.4 \mathrm{~cm}$ ) - Hare Tile sand (100252)
- Fabric 21: 16 in x $21 / 2$ in ( $40.6 \mathrm{~cm} \times 6.4 \mathrm{~cm}$ ) - Flowerleaf sand (100245)
- Fabric $22: 21 / 2 \mathrm{in} \times 14 \mathrm{in}(6.4 \mathrm{~cm} \times 35.5 \mathrm{~cm})$ - Lilit blue (100246)
- Lining fabric (optional): $321 / 2$ in $\times 19$ in ( $82.5 \mathrm{~cm} \times 48.3 \mathrm{~cm}$ )
- Wadding (batting) $32 \frac{1}{2}$ in $\times 19$ in ( $82.5 \mathrm{~cm} \times 48.3 \mathrm{~cm}$ )
- Fabric for pillow back: $1 / 2 y d(50 \mathrm{~cm})$ cut into two pieces each $20 \mathrm{in} \times 18 \mathrm{in}(51 \mathrm{~cm} \times 45.7 \mathrm{~cm})$
- Binding fabric $1 / 4 y d(25 \mathrm{~cm})$ - Birdvine blue (100244)
- Piecing and quilting threads
- Quilter's ruler, rotary cutter and mat
- Pillow pad to fit cover


## Finished Size

31in $\times 171 / 2 \mathrm{in}(78.7 \mathrm{~cm} \times 44.5 \mathrm{~cm})$ after binding

## Notes

- Fabric quantities given are based on a usable width of $42 \mathrm{in}(107 \mathrm{~cm})$.
- Measurements are in imperial inches with metric conversions in brackets - use only one system throughout (preferably inches).
- Press all fabrics before cutting.
- Use $1 / 4 \mathrm{in}(6 \mathrm{~mm})$ seams unless otherwise instructed.
- Read all the instructions through before you start.


## Pillow Layout

1 The pillow uses one Double Bird block, which is framed by a border. See Fig A for the fabric swatches, Fig B for the sizes to cut for the block and Fig C for the specific positions of the fabrics.

Fig A Fabric swatches


Fig B Layout and cutting for a Double Bird block
Sizes include seam allowances
All pieces to be cut initially as squares or rectangles

a $61 / 2 \mathrm{in} \times 6 \mathrm{in}(16.5 \mathrm{~cm} \times 15.2 \mathrm{~cm})$
b $41 / 2$ in $\times 6$ in $(11.4 \mathrm{~cm} \times 15.2 \mathrm{~cm})$
c $41 / 2$ in $(11.4 \mathrm{~cm})$ square
d 3 in $\times 4$ in $(7.6 \mathrm{~cm} \times 10.2 \mathrm{~cm})$
e $1 \frac{1}{2}$ in $(3.8 \mathrm{~cm})$ square
f $21 / 2 \mathrm{in} \times 4 \mathrm{in}(6.4 \mathrm{~cm} \times 10.2 \mathrm{~cm})$
g $71 / 2$ in $\times 21 / 2$ in $(19 \mathrm{~cm} \times 6.4 \mathrm{~cm})$
h $31 / 2$ in $\times 33 / 4$ in $(9 \mathrm{~cm} \times 9.5 \mathrm{~cm})$
i $31 / 2$ in $\times 1 \frac{1}{1} / \mathrm{in}(9 \mathrm{~cm} \times 3.2 \mathrm{~cm})$
j $1 \frac{1}{4} \mathrm{in}(3.2 \mathrm{~cm})$ square
k 10 in $\times 41 / 2 \mathrm{in}(25.4 \mathrm{~cm} \times 11.4 \mathrm{~cm})$
I $31 / 2$ in $(9 \mathrm{~cm})$ square
$\mathrm{m} 2 \mathrm{in}(5.1 \mathrm{~cm})$ square
n $21 / 2$ in $\times 41 / 2$ in $(6.4 \mathrm{~cm} \times 11.4 \mathrm{~cm})$
o $311 / 2$ in $\times 41 / 2$ in $(9 \mathrm{~cm} \times 11.4 \mathrm{~cm})$
p $41 / 2$ in $(11.4 \mathrm{~cm})$ square
q $47 / 8$ in $(12.4 \mathrm{~cm})$ square, for $41 / 2$ in
( 11.4 cm ) unfinished half-square
triangle units
r $51 / 2$ in $\times 41 / 2$ in $(14 \mathrm{~cm} \times 11.4 \mathrm{~cm})$

Fig C Fabrics used for the Double Bird block


## Cutting Out

2 Cut the pieces for the block according to the sizes given with Fig B and using Fig C to select the correct fabrics.

3 For the side border cut one strip 16 in $\times 21 / 2$ in ( $40.6 \mathrm{~cm} \times 6.4 \mathrm{~cm}$ ) from Fabric 18 and one from Fabric 22.
For the top and bottom border cut one strip 16in $\times 2 \frac{1}{2}$ in ( $40.6 \mathrm{~cm} \times 6.4 \mathrm{~cm}$ ) from Fabric 9, Fabric 19, Fabric 20 and Fabric 21.

4 From the binding fabric cut three strips $2 \frac{1}{2}$ in $(6.4 \mathrm{~cm}) \mathrm{x}$ width of fabric. Sew the strips together end to end and press seams open. Press the binding in half along the length, wrong sides together.

## Making a Double Bird Block

5 The block only uses two main techniques - making corner triangle units and making half-square triangle units - with both techniques described here. The rest of the piecing is straightforward.

6 To make a corner triangle unit we will describe the process using piece $\mathbf{b}$ (Fabric 1) and piece $\mathbf{c}$ (Fabric 3). The triangle in this case is quite large, but is smaller in other corner triangle units within the block. Fig D shows the pieces in greys to illustrate the basic principle. Pencil mark the diagonal line on the wrong side of the square and place the square right sides together with the top of the Fabric 1 rectangle. Pin in place and then sew along the marked line. Trim off excess fabric $1 / 4 \mathrm{in}$ ( 6 mm ) outside the sewn line. Press the triangle outwards.

7 Use this technique again to make units $\mathbf{d} / \mathbf{e}, \mathbf{e} / \mathbf{f} / \mathbf{e}, \mathbf{i} / \mathbf{j}$ and $\mathbf{k} / \mathbf{/} / \mathbf{m}$. You will see that some units use two squares to make two corner triangles.

Fig D Making corner triangle units

$\mathbf{8}$ To make the half-square triangle (HST) units, take a $47 / 8 \mathrm{in}(12.4 \mathrm{~cm}) \mathbf{q}$ square of Fabric 1 and one of Fabric 12 and cut each square in half along one diagonal. Pair up two triangles and place them right sides together, as shown in Fig E. Sew a $1 / 4 \mathrm{in}(6 \mathrm{~mm})$ seam along the long side. Press the seam open or to one side.

9 Repeat this to make another HST, but this time using a Fabric 1 and Fabric 16 square.
Fig E Making half-square triangle units


10 When all of the pieced units are made you can assemble the Double Bird block. Lay out the units, plus the plain squares and rectangles, in three rows, as shown in Fig B. In the top row, sew a unit $\mathbf{d} / \mathbf{e}$ to each side of a unit $\mathbf{e} / \mathbf{f} / \mathbf{e}$ and press. Add piece $\mathbf{g}$ on top and press. Now add the other units to complete the row and press.
For the middle row, join unit $\mathbf{i} / \mathbf{j}$ to piece $\mathbf{h}$ first (twice) and press. Sew the rest of the units together and press.
In the bottom row, sew the units together as shown and press.
Now sew the three rows together and press. Check the block is $271 / 2 \mathrm{in} \times 14 \mathrm{in}(69.9 \mathrm{~cm} \times 35.5 \mathrm{~cm})$.

## Adding the Border

11 Following Fig F, sew the border strip of Fabric 22 to the left-hand side of the block and the Fabric 18 strip to the right-hand side of the block. Press the seams outwards.
Take the border strip of Fabric 9 and sew it end to end with the Fabric 19 strip. Repeat this with strips 21 and 20. Sew these pieced strips to the top and bottom of the block and press.

Fig F Adding the border
Numbers indicate fabrics used


## Quilting and Making Up

12 Make a quilt sandwich of the patchwork, wadding (batting) and lining fabric (if using). Quilt as desired. In our bird pillow, on each bird we quilted a feather pattern and a circle for the eye in an off-white thread, which shows up nicely against the blue birds. If you want to do this, a general guide for this is shown in Fig G. You can do this quilting by hand or machine. When all quilting is finished, trim excess wadding and lining to match the patchwork size.

Fig G Quilting the eye and feather pattern


13 To make up the pillow cover, on both pieces of fabric for the pillow back, create a hem along one short side of each piece, by turning the edge over by $1 / 2$ in $(1.3 \mathrm{~cm})$, twice. Sew the seam with matching thread and press.

14 The pillow has a bound edge, so the pieces are assembled with right sides out, as follows. Place the quilted patchwork right side down. Pin one backing piece on top, right side up and with the hem towards the centre. Pin the second backing piece on top, right side up and hem towards the centre (so the backing pieces overlap). Make sure the outer edges of all three pieces are aligned. Pin the layers together and then bind as normal. As you sew the binding in place it will fix the other layers together. Press the cover and insert a pillow pad to finish.

