

## Kimono Girl Pillow

This large pillow will make a lovely addition to any room. It features a Kimono Girl block, a Flower block and a Leaf block. The kimono girl block is described in the grey version of the Kimono Girls Quilt, so refer to those instructions at www.tildasworld.com. The flower and leaf blocks are described here.

## Materials

- Fabric $1: 3 / 4 \mathrm{yd}(75 \mathrm{~cm})$ - Solid soft teal (120003)
- Fabric 2: 12in ( 30.5 cm ) square (or fat eighth) - Solid dark granite (120033)
- Fabric 3: 12in ( 30.5 cm ) square (or fat eighth) - Solid warm sand (120002)
- Fabric 4: 10in ( 25.4 cm ) square - Gingdot eggnog (100226)
- Fabric $5: 1 / 4 \mathrm{yd}(25 \mathrm{~cm})$ (or fat quarter) - Marylou rose (100233)
- Fabric 6: 10in $(25.4 \mathrm{~cm})$ square - Meadow slate (130088)
- Fabric 7: 6in ( 15.2 cm ) square - Primrose eggnog (100230)
- Fabric 8: 10in ( 25.4 cm ) square - Meadow rose (130081)
- Fabric 9: 10in ( 25.4 cm ) square - Charlene honey (100229)
- Fabric 10: scrap, $1 \frac{1}{2}$ in ( 3.8 cm ) square - Charlene blue (100223)
- Fabric 11: 12in ( 30.5 cm ) square - Meadow teal (130086)
- Fabric 12: $4 \frac{1}{2}$ in $(11.4 \mathrm{~cm})$ square - Marylou green (100239)
- Fabric 13: $41 / 2$ in ( 11.4 cm ) square - Meadow green (130091)
- Fabric 14: $41 / 212$ in $(11.4 \mathrm{~cm})$ square - Meadow pine (130092)
- Fabric 15: $41 / 2$ in $(11.4 \mathrm{~cm})$ square - Charlene green (100237)
- Fabric for pillow back $3 / 4 y d(75 \mathrm{~cm})$ - Meadow blue (130089)
- Lining fabric (optional) 33 in $\times 28 \mathrm{in}$ ( $83.8 \mathrm{~cm} \times 71.1 \mathrm{~cm}$ )
- Wadding (batting) 33 in $\times 28$ in ( $83.8 \mathrm{~cm} \times 71.1 \mathrm{~cm}$ )
- Binding fabric $3 / 8 y d(40 \mathrm{~cm})$ - Charlene blue (100223)
- Piecing and quilting threads
- Quilter's ruler, rotary cutter and mat
- Freezer paper and fabric glue for appliqué
- Black embroidery cotton (floss) for embroidering eyes
- Pad to fit pillow cover


## Finished Size

30 in $\times 25 \mathrm{in}(76.2 \mathrm{~cm} \times 63.5 \mathrm{~cm})$ approx. after binding

## Notes

- Fabric quantities given are based on a usable width of $42 \mathrm{in}(107 \mathrm{~cm})$.
- Measurements are in imperial inches with metric conversions in brackets - use only one system throughout (preferably inches).
- Press all fabrics before cutting.
- Use $1 / 4$ in $(6 \mathrm{~mm})$ seams unless otherwise instructed.
- Read all the instructions through before you start.


## Pillow Layout

1 The pillow has one Kimono Girl block, one Flower block and one Leaf block, with added border strips. See Fig A for the fabrics used and Fig B for the pillow layout and the specific fabrics used.

Fig A Fabric swatches (soft teal pillow)


Fig B Pillow layout and fabrics used


## Cutting Out

2 To cut the Kimono Girl block, refer to the grey version of the Kimono Girls Quilt, particularly Fig
$\mathbf{C}$, which gives the layout and sizes to cut. Use the appliqué patterns supplied with the quilt.

3 To cut the Flower block, refer to Fig C here.
4 To cut the Leaf block, refer to Fig I here.
5 From Fabric 1, for the outer border strips cut the following:

- A One 13 in x $11 / 2 \mathrm{in}(33 \mathrm{~cm} \times 3.8 \mathrm{~cm})$.
- B One $11 / 2 \mathrm{in} \times 241 / 2 \mathrm{in}(3.8 \mathrm{~cm} \times 62.2 \mathrm{~cm})$.
- C One $301 / 2 \mathrm{in} \times 11 / 2 \mathrm{in}(77.5 \mathrm{~cm} \times 3.8 \mathrm{~cm})$.

6 From the pillow back fabric, cut two pieces $19 \mathrm{in}(48.3 \mathrm{~cm})$ wide $\times 251 / 2 \mathrm{in}(64.8 \mathrm{~cm})$ high.
7 From the binding fabric cut four strips $21 / 2$ in $(6.4 \mathrm{~cm}) \mathrm{x}$ width of fabric. Sew the strips together end to end and press seams open. Press the binding in half along the length, wrong sides together.

## Making a Kimono Girl Block

8 A Kimono Girl block is built up from three sections - head, upper body and lower body. Apart from the background colour, the block is made in exactly the same as the grey version of the quilt, so follow Steps 6 to 23 of that quilt to make the block and work the appliqué.

## Making a Flower Block

9 Follow Fig C to cut the pieces needed for a Flower block, following Fig B for the fabrics to use. You will see that some of the units are repeated in the flower.

Fig C Layout and cutting for a Flower block
Sizes include seam allowances. All pieces to be cut as squares or rectangles

a $31 / 2$ in $\times 1 \frac{1}{2}$ in $(9 \mathrm{~cm} \times 3.8 \mathrm{~cm})$
b $21 / 2 \mathrm{in} \times 21 / 4 \mathrm{in}(6.4 \mathrm{~cm} \times 5.7 \mathrm{~cm})$
c $11 / 4 \mathrm{in}(3.2 \mathrm{~cm})$ square
d $1 \frac{1}{2}$ in $\times 21 / 4 \mathrm{in}(3.8 \mathrm{~cm} \times 5.7 \mathrm{~cm})$
e $31 / 2 \operatorname{in} \times 41 / 2 \mathrm{in}(9 \mathrm{~cm} \times 11.4 \mathrm{~cm})$
f $11 / 2$ in $(3.8 \mathrm{~cm})$ square
g 5 in $\times 31 / 4 \mathrm{in}(12.7 \mathrm{~cm} \times 8.3 \mathrm{~cm})$
h $\operatorname{Sin} x 41 / 2$ in $(12.7 \mathrm{~cm} \times 11.4 \mathrm{~cm})$
i $11 / 2 \mathrm{in} \times 10 \mathrm{in}(3.8 \mathrm{~cm} \times 25.4 \mathrm{~cm})$
j $13 \mathrm{in} \times 1 \frac{1}{2} \mathrm{in}(33 \mathrm{~cm} \times 3.8 \mathrm{~cm})$

Block size
$13 \mathrm{in} \times 12 \mathrm{in}(33 \mathrm{~cm} \times 30.5 \mathrm{~cm}$ )
(unfinished)

10 Begin by making an $\mathbf{a}, \mathbf{b}, \mathbf{c}, \mathbf{d}$ unit as follows. Take a $\mathbf{b}$ rectangle and two $\mathbf{c}$ squares. Pencil mark the diagonal line on the wrong side of the small squares and place the squares right sides together with two of the corners of the rectangle, with the marked lines angled as shown in Fig D. Pin if needed and then sew along the marked lines and trim off excess fabric $1 / 4 \mathrm{in}(6 \mathrm{~mm})$ outside the sewn lines. Press the triangles outwards.

Fig D Making corner triangles


11 Now sew one d rectangle to the left-hand side of the unit, as in Fig E 1 and press, and then sew piece $\mathbf{a}$ to the top and press. Make another unit exactly like this.

12 Make two more units like this, but this place the triangles in the opposite corners of the rectangle, as in Fig E 2, and then add the a and d pieces in the positions shown. Make another unit exactly like this.

Fig E Completing the leaf units


2


13 Use this same triangle corner method to make the petal units for the flower, using a $\mathbf{g}$ rectangle and two $f$ squares ( $\mathbf{F i g} \mathbf{F}$ ). Make four of these units.
Use the same triangle corner method to make the centre unit for the flower, using an $\mathbf{h}$ rectangle and four $\mathbf{f}$ squares ( $\mathbf{F i g} \mathbf{F}$ ).

Fig F Making the petals and flower centre


14 To assemble the flower, take the nine units and arrange them as in Fig G. Sew the units together into three rows of three units. Press the seams of row 1 and row 3 in the opposite direction to row 2 . Now sew the rows together, matching seams neatly, and press.

Fig G Assembling the flower units


15 To add a border to the block take the $\mathbf{i}$ pieces and sew them to the sides of the block and press.
Now sew the $\mathbf{j}$ pieces to the top and bottom of the block $(\mathbf{F i g} \mathbf{H})$. Check that the block is 13 in x 12 in ( $33 \mathrm{~cm} \times 30.5 \mathrm{~cm}$ ).

Fig $\mathbf{H}$ Adding the border


## Making a Leaf Block

16 Follow Fig I to cut the pieces needed for a Leaf block, following Fig B for fabrics to use.
Fig I Layout and cutting for a Leaf block
Sizes include seam allowances. All pieces to be cut as squares or rectangles

$\mathbf{1 7}$ Begin by making an $\mathbf{a} / \mathbf{b}$ unit as follows. Take one a square and two smaller $\mathbf{b}$ squares. Pencil mark the diagonal line on the wrong side of the smaller squares and place the squares right sides together with two of the corners of the larger squares, with the marked lines angled as shown in Fig J 1. Pin if needed and then sew along the marked lines and trim off excess fabric $1 / 4 \mathrm{in}(6 \mathrm{~mm})$ outside the sewn lines. Press the triangles outwards.

18 Use this same triangle corner method to make four units like this in total, changing the large square fabrics as needed (Fig J 2).

Fig J Making the leaf units


2


Make 1 of each


19 Arrange the leaf units with pieces $\mathbf{c}$ and $\mathbf{d}$, as shown in Fig K, making sure the $\mathbf{d}$ pieces are in the centre. Sew the units together into two columns and press. Now sew the narrow strip of piece $\mathbf{e}$ between the columns and press.

Fig K Assembling the leaf units


20 Add the border by sewing the $\mathbf{f}$ pieces to the left and right side of the block ( $\mathbf{F i g} \mathbf{L}$ ). Check that the block is $13 \mathrm{in} \times 12 \mathrm{in}(33 \mathrm{~cm} \times 30.5 \mathrm{~cm})$.

Fig L Adding the border


## Assembling the Pillow Patchwork

21 Arrange the blocks as shown in Fig M. Sew the Flower block to the Leaf block and then add border strip A to the bottom. Sew this unit to the Kimono Girl block. Add border strip B to the lefthand side of the patchwork and press, and then border strip C to the top and press.

Fig M Assembling the pillow units


## Quilting and Making Up

22 Make a quilt sandwich of the patchwork, wadding (batting) and lining fabric (if using). Quilt as desired. Trim excess wadding and lining to match the patchwork size.

23 To make up the pillow cover, on both pieces of fabric for the pillow back, create a hem along one long side of each piece, by turning the edge over by $1 / 2 \mathrm{in}(1.3 \mathrm{~cm})$, twice. Sew the seam with matching thread and press.

24 The pillow has a bound edge, so the pieces are assembled with right sides out, as follows. Place the quilted patchwork right side down. Pin one backing piece on top, right side up and with the hem towards the centre. Pin the second backing piece on top, right side up and hem towards the centre (so the backing pieces overlap). Make sure the outer edges of all three pieces are aligned. Pin the layers together and then bind as normal. As you sew the binding in place it will fix the other layers together. Press the cover and insert a pillow pad to finish.


Please check this ruler to ensure that you are printing in 100\%. Pages are made in A4.



