

## Four Block Pillow

## (Lilac/teal version)

This pillow is the perfect companion to the Four Block Quilt, as it uses exactly the same blocks. Only small amounts of fabric are needed - see the fabric swatches in Fig A of the quilt instructions. A fat eighth is assumed to be approximately $10^{1} / 2 \mathrm{in} \mathrm{x} 18 \mathrm{in}(26.7 \mathrm{~cm} \mathrm{x}$ 45.7 cm ).

## Materials

- Fabric 1: $12 \mathrm{in}(30.5 \mathrm{~cm})$ square or a fat eighth - Frances lilac (100168)
- Fabric 2: 12in ( 30.5 cm ) square or a fat eighth - Medium Dots lilac (130009)
- Fabric 3: $1 / 8 \mathrm{yd}(15 \mathrm{~cm})$ or a fat eighth - Eleanore teal (100176)
- Fabric 4: 10in ( 25.4 cm ) square - Mildred green (100179)
- Fabric 5: $1 / 8 \mathrm{yd}(15 \mathrm{~cm})$ or a fat eighth - Tiny Dots light blue (130047)
- Fabric 6: 10in ( 25.4 cm ) square - Josephine emerald (100167)
- Fabric 7: 10in ( 25.4 cm ) square - Eleanore lilac (100166)
- Fabric 8: 10in $(25.4 \mathrm{~cm})$ square - Luna teal sage $(150003)$ - fabric is $108 \mathrm{in}(274 \mathrm{~cm})$ wide
- Fabric 9: $1 / 8 y d(15 \mathrm{~cm})$ or a fat eighth - Tiny Star light blue (130038)
- Fabric 10: 10in ( 25.4 cm ) square - Trickles lilac (130053)
- Fabric 11: 10in ( 25.4 cm ) square - Phoebe emerald (100178)
- Fabric 12: 10in ( 25.4 cm ) square - Josephine teal (100177)
- Fabric 13: $1 / 8 y d(15 \mathrm{~cm})$ or a fat eighth - Pen Stripe light blue (130032)
- Fabric 14: 10in ( 25.4 cm ) square - Frances teal (100180)
- Fabric 15: 10in ( 25.4 cm ) square - Phoebe thistle (100169)
- Fabric 16: $1 / 8 y d(15 \mathrm{~cm})$ or a fat eighth - Crisscross light blue (130041)
- Fabric 17: $2 \frac{1}{2}$ in $(6.4 \mathrm{~cm})$ square - Trickles green (130052)
- Lining fabric (optional) 30 in ( 76.2 cm ) square
- Fabric for pillow back, two pieces $17 \mathrm{in} \times 261 / 2 \mathrm{in}(43.2 \mathrm{~cm} \times 67.3 \mathrm{~cm})$
- Wadding (batting) 30in ( 76.2 cm ) square
- Binding fabric $1 / 4 \mathrm{yd}(25 \mathrm{~cm})$ - Dottie Dots light blue (130044)
- Piecing and quilting threads
- Quilter's ruler, rotary cutter and mat
- Pillow pad to fit cover


## Finished Size

26 in x 26 in ( $66 \mathrm{~cm} \times 66 \mathrm{~cm}$ )

## Notes

- Fabric quantities given are based on a usable width of 42 in ( 107 cm ), except for Luna teal sage ( 150003 ), which is $108 \mathrm{in}(274 \mathrm{~cm})$ wide.
- Measurements are in imperial inches with metric conversions in brackets - use only one system throughout (preferably imperial).
- Press all fabrics before use.
- Use $1 / 4 \mathrm{in}(6 \mathrm{~mm})$ seams unless otherwise instructed.
- Read all the instructions through before you start.


## Preparation and Cutting Out

1 The cutting for the blocks is the same as the lilac/teal quilt, but only one of each block is needed. Follow the instructions and diagrams for the quilt - you will need the same $31 / 2$ in $(9 \mathrm{~cm})$ squares and $61 / 2$ in $\times 31 / 2 \mathrm{in}(16.5 \mathrm{~cm} \times 9 \mathrm{~cm})$ rectangles.

2 For the sashing, cut one $12 \frac{1}{2}$ in $\times 2 \frac{1}{2}$ in ( $31.8 \mathrm{~cm} \times 6.4 \mathrm{~cm}$ ) strip from Fabric 13, 16, 5 and 9. Cut one $21 / 2$ in $(6.4 \mathrm{~cm})$ square from Fabric 17.

3 From the binding fabric cut three strips $21 / 2 i n(6.4 \mathrm{~cm}) \mathrm{x}$ width of fabric. Sew together end to end and press the seams open. Press in half along the length, wrong sides together.

## Making the Blocks

4 Make each block following the instructions for the lilac/teal quilt, Steps 10 to 13.

## Assembling the Pillow

5 Layout the four blocks, the four sashing strips and the corner post square as shown in Fig A here. Sew the units together in rows and then sew the rows together, matching seams neatly. Press the patchwork, which should be $261 / 2$ in $(67.3 \mathrm{~cm})$ square.

Fig A Assembling the lilac/teal pillow


## Quilting and Making Up

6 Make a quilt sandwich of the patchwork, wadding (batting) and lining fabric (if using).
Quilt as desired. Trim excess wadding and lining to match the patchwork size.
7 To make up the pillow cover, on both pieces of fabric for the pillow back, create a hem along one long side of each piece, by turning the edge over by $1 / 2$ in $(1.3 \mathrm{~cm})$, twice. Sew the seam with matching thread and press.

8 The pillow has a bound edge, so the pieces are assembled with right sides out, as follows. Place the quilted patchwork right side down. Pin one backing piece on top, right side up and with the hem towards the centre. Pin the second backing piece on top, right side up and with the hem towards the centre (so the pieces overlap). Make sure the outer edges of all three pieces are aligned. Pin the layers together and then bind as normal. As you sew the binding in place it will fix the layers together. Press the cover and insert a pillow pad to finish.

## Four Block Pillow

## (Red/blue version)

This pillow matches the red/blue version of the Four Block Quilt, and uses exactly the same blocks. Only small amounts of fabric are needed - see the fabric swatches in Fig A of the red/blue quilt instructions. A fat eighth is assumed to be approximately $101 / 2 \mathrm{in} \times 18 \mathrm{in}(26.7 \mathrm{~cm}$ x 45.7 cm ).

## Materials

- Fabric 1: 12in $(30.5 \mathrm{~cm})$ square or a fat eighth - Frances blue (100171)
- Fabric 2: 12in ( 30.5 cm ) square or a fat eighth - Medium Dots night blue (130026)
- Fabric 3: 12in $(30.5 \mathrm{~cm})$ square or a fat eighth - Phoebe ginger (100162)
- Fabric 4: 10in ( 25.4 cm ) square - Crisscross pink (130040)
- Fabric $5: 1 / 8 y d(15 \mathrm{~cm})$ or a fat eighth - Tiny Dots grey (130043)
- Fabric 6: 10in ( 25.4 cm ) square - Josephine blue (100174)
- Fabric 7: 10in ( 25.4 cm ) square - Phoebe blue (100175)
- Fabric 8: 10in ( 25.4 cm ) square - Trickles coral (130049)
- Fabric 9: $1 / 8 \mathrm{yd}(15 \mathrm{~cm})$ or a fat eighth - Tiny Star grey (130039)
- Fabric 10: 10in ( 25.4 cm ) square - Trickles blue (130051)
- Fabric 11: 10in $(25.4 \mathrm{~cm})$ square - Medium Dots salmon (130028)
- Fabric 12: 10in ( 25.4 cm ) square - Dottie Dots pink (130043)
- Fabric 13: $1 / 8 \mathrm{yd}(15 \mathrm{~cm})$ or a fat eighth - Pen Stripe grey (130033)
- Fabric 14: 10in $(25.4 \mathrm{~cm})$ square - Frances pink (100165)
- Fabric 15: 10in ( 25.4 cm ) square - Eleanore blue (100172)
- Fabric 16: $1 / 8 y d(15 \mathrm{~cm})$ or a fat eighth - Crisscross grey (130042)
- Fabric 17: $2 \frac{1}{2}$ in $(6.4 \mathrm{~cm})$ square - Josephine sand (100161)
- Fabric 19: 10in $(25.4 \mathrm{~cm})$ square - Eleanore coral (100164)
- Lining fabric (optional) $30 \mathrm{in}(76.2 \mathrm{~cm}$ ) square
- Fabric for pillow back, two pieces $17 \mathrm{in} \times 261 / 2 \mathrm{in}(43.2 \mathrm{~cm} \times 67.3 \mathrm{~cm})$
- Wadding (batting) 30in ( 76.2 cm ) square
- Binding fabric $1 / 4 \mathrm{yd}(25 \mathrm{~cm})$ - Mildred blue (100173)
- Piecing and quilting threads
- Quilter's ruler, rotary cutter and mat
- Pillow pad to fit cover


## Finished Size

26 in x 26 in ( $66 \mathrm{~cm} \times 66 \mathrm{~cm}$ )

## Notes

- Fabric quantities given are based on a usable width of 42 in ( 107 cm ).
- Measurements are in imperial inches with metric conversions in brackets - use only one system throughout (preferably imperial).
- Press all fabrics before use.
- Use $1 / 4 \mathrm{in}(6 \mathrm{~mm})$ seams unless otherwise instructed.
- Read all the instructions through before you start.


## Preparation and Cutting Out

1 The cutting for the blocks is the same as the lilac/teal quilt, but only one of each block is needed. Follow the instructions and diagrams for the quilt - you will need the same $3^{11 / 2}$ in $(9 \mathrm{~cm})$ squares and $61 / 2$ in $\times 31 / 2 \mathrm{in}(16.5 \mathrm{~cm} \times 9 \mathrm{~cm})$ rectangles.

2 For the sashing, cut one $12 \frac{1}{2}$ in $\times 2 \frac{1}{2}$ in ( $31.8 \mathrm{~cm} \times 6.4 \mathrm{~cm}$ ) strip from Fabric 13, 16, 5 and 9. Cut one $21 / 2$ in $(6.4 \mathrm{~cm})$ square from Fabric 17.

3 From the binding fabric cut three strips $21 / 2 i n(6.4 \mathrm{~cm}) \mathrm{x}$ width of fabric. Sew together end to end and press the seams open. Press in half along the length, wrong sides together.

## Making the Blocks

4 Make each block following the instructions for the lilac/teal quilt, Steps 10 to 13.

## Assembling the Pillow

5 Layout the four blocks, the four sashing strips and the corner post square as shown in Fig A here. Sew the units together in rows and then sew the rows together, matching seams neatly. Press the patchwork, which should be $261 / 2$ in ( 67.3 cm ) square.

Fig A Assembling the red/blue pillow


## Quilting and Making Up

6 Make a quilt sandwich of the patchwork, wadding (batting) and lining fabric (if using). Quilt as desired. Trim excess wadding and lining to match the patchwork size.

7 To make up the pillow cover, on both pieces of fabric for the pillow back, create a hem along one long side of each piece, by turning the edge over by $1 / 2$ in $(1.3 \mathrm{~cm})$, twice. Sew the seam with matching thread and press.

8 The pillow has a bound edge, so the pieces are assembled with right sides out, as follows. Place the quilted patchwork right side down. Pin one backing piece on top, right side up and with the hem towards the centre. Pin the second backing piece on top, right side up and with the hem towards the centre (so the pieces overlap). Make sure the outer edges of all three pieces are aligned. Pin the layers together and then bind as normal. As you sew the binding in place it will fix the layers together. Press the cover and insert a pillow pad to finish.

