

## Duck Quilt <br> (Grey colourway)

Two patchwork blocks are used for this pretty quilt - a star block and a duck block, which create an interesting diagonal pattern over the quilt. The duck block is made in two variations, so one duck faces right and the one left. The quilt uses fabrics from the Bird Pond collection, plus some Medium Dots and some Solid Colour fabrics. There is also a striking version of the quilt in a blue colourway.

## Materials

- Fabric 1: 4yd (3.7m) - Medium Dots light grey (130008)
- Fabric 2: $1 / 8 y d(15 \mathrm{~cm})$ - Marnie honey (100103)
- Fabric 3: $1 / 8 y d(15 \mathrm{~cm})$ - Klara ginger (100099)
- Fabric 4: $1 / 8 y d(15 \mathrm{~cm})$ - Tiny Plum teal (100081)
- Fabric 5: $1 / 4 \mathrm{yd}(25 \mathrm{~cm})$ - Elodie lavender (100086)
- Fabric 6: $1 / 4 y d(25 \mathrm{~cm})$ - Marnie night blue (100085)
- Fabric 7: $1 / 4 \mathrm{yd}(25 \mathrm{~cm})$ - Pompom blue (100087)
- Fabric $8: 3 / 8 y d(35 \mathrm{~cm})$ - Solid lilac mist (120011)
- Fabric $9: 3 / 8 y d(35 \mathrm{~cm})$ - Solid thistle (120012)
- Fabric 10: $1 / 4 \mathrm{yd}(25 \mathrm{~cm})$ - Anemone night blue (100084)
- Fabric 11: $1 / 4 y d(25 \mathrm{~cm})$ - Elodie lilac blue (100082)
- Fabric 12: $1 / 4 \mathrm{yd}(25 \mathrm{~cm})$ - Mila lavender (100090)
- Fabric 13: $1 / 4 y d(25 \mathrm{~cm})$ - Klara lilac (100089)
- Fabric 14: $1 / 4 y \mathrm{yd}(25 \mathrm{~cm})$ - Pompom raspberry (100107)
- Fabric 15: $1 / 4 \mathrm{yd}(25 \mathrm{~cm})$ - Anemone maroon (100108)
- Fabric 16: $1 / 4 y \mathrm{yd}(25 \mathrm{~cm})$ - Marnie lilac (100088)
- Fabric 17: $1 / 4 y d(25 \mathrm{~cm})$ - Elodie honey (100102)
- Fabric 18: $1 / 4 \mathrm{yd}(25 \mathrm{~cm})$ - Marnie sand (100098)
- Fabric 19: $1 / 4 \mathrm{yd}(25 \mathrm{~cm})$ - Lovebirds ginger (100097)
- Fabric 20: $1 / 4 \mathrm{yd}(25 \mathrm{~cm})$ - Tiny Plum peach (100096)
- Fabric 21: $1 / 4 \mathrm{yd}(25 \mathrm{~cm})$ - Anemone sand (100100)
- Backing fabric $33 / 4 \mathrm{yds}(3.4 \mathrm{~m})$
- Binding fabric $1 / 2 y d(50 \mathrm{~cm})$ - Medium Dots maroon (130010)
- Wadding (batting) 64in x $80 \mathrm{in}(162.5 \mathrm{~cm} \times 203 \mathrm{~cm})$
- Piecing and quilting threads
- Quilter's ruler, rotary cutter and mat


## Finished Size

$56 \mathrm{in} \times 72 \mathrm{in}$ ( $142.2 \mathrm{~cm} \times 183 \mathrm{~cm}$ ) after binding

## Notes

- Fabric quantities given are based on a usable width of 42 in ( 107 cm )
- Measurements are in imperial inches with metric conversions in brackets - use only one system throughout (do not mix them)
- Wash all fabrics before use and press before cutting
- Use $1 / 4 \mathrm{in}(6 \mathrm{~mm})$ seams unless otherwise instructed
- Read all the instructions through before you start


## Quilt Layout

1 The quilt is made up of sixty-three blocks in a 7 x 9 block layout - thirty-two Star blocks, sixteen Right Duck blocks and fifteen Left Duck blocks. See Fig A for the fabrics used and Fig B for the quilt layout.

Fig A Fabric swatches


Fig $\mathbf{B}$ The quilt layout


## Cutting Out

2 For one Star block cut the following pieces (see Fig C for the measurements and Fig D for the fabrics used).

- From Fabric 1 cut four $2 \frac{1}{2}$ in $(6.4 \mathrm{~cm})$ squares.
- From Fabric 1 cut four $41 / 2$ in $\times 2 \frac{1}{2}$ in $(11.4 \mathrm{~cm} \times 6.4 \mathrm{~cm})$ rectangles (for flying geese units).
- From Fabrics $10,11,12,13,14,15,16$ and 17 , cut one $21 / 2$ in $(6.4 \mathrm{~cm})$ square (for flying geese units).
- From Fabric 1 cut four $27 / 8 \operatorname{in}(7.3 \mathrm{~cm})$ squares (for half-square triangle units). (Note, this will make enough HSTs for two blocks.)
- From Fabrics $18,19,20$ and 21 , cut one $27 / 8$ in ( 7.3 cm ) square (for half-square triangle units).

Fig C Star block measurements
Measurements are cut sizes or unfinished sizes


Fig D Fabrics for a Star block
Numbers show fabrics used (see Fig A)


3 For one Right Duck block cut the following pieces (see Fig E for the measurements and Fig F for the fabrics used).

- From Fabric 1 cut two $81 / 2$ in $\times 21 / 2 \mathrm{in}(21.6 \mathrm{~cm} \times 6.4 \mathrm{~cm})$ rectangles.
- From Fabric 9 cut four $2 \frac{1}{2}$ in $(6.4 \mathrm{~cm})$ squares.
- From Fabric 1 cut two $27 / 8$ in ( 7.3 cm ) squares (for half-square triangle units).
- From Fabric 6 and Fabric 7 cut one $27 / 8$ in $(7.3 \mathrm{~cm})$ square (for half-square triangle units).
- From Fabric 1 and Fabric 5 cut one 3 in $\times 2 \frac{1}{2}$ in $(7.6 \mathrm{~cm} \times 6.4 \mathrm{~cm})$ rectangle.
- From Fabric 1 cut one $23 / 4 \mathrm{in} \times 41 / 2$ in $(7 \mathrm{~cm} \times 11.4 \mathrm{~cm})$ rectangle.
- From Fabric 2 cut one $1 \frac{1}{4}$ in ( 3.2 cm ) square.
- From Fabric 3 and Fabric 4 cut one $13 / 4 \mathrm{in} \times 21 / 2 \mathrm{in}(4.4 \mathrm{~cm} \times 6.4 \mathrm{~cm})$ rectangle.

Fig E Right Duck block measurements
Measurements are cut sizes or unfinished sizes


Fig F Fabrics for a Right Duck block


4 For one Left Duck block cut out the same pieces as the Right Duck block but change the four $2^{1} / 2$ in $(6.4 \mathrm{~cm})$ squares of Fabric 9 (Solid thistle) to Fabric 8 (Solid lilac mist). See Fig G for the measurements and $\mathbf{F i g} \mathbf{H}$ for the fabrics used.

Fig G Left Duck block measurements
Measurements are cut sizes or unfinished sizes


Fig H Fabrics for a Left Duck block


5 Cut the backing fabric across the width into two pieces. Using a $1 / 4 \mathrm{in}(6 \mathrm{~mm})$ seam, sew together along the long side and press the seam open. Trim to a piece about $64 \mathrm{in} \times 80 \mathrm{in}(162.5 \mathrm{~cm} \times 203 \mathrm{~cm})$. This is about 4in $(10.2 \mathrm{~cm})$ larger all round than the quilt top, to allow for quilting and finishing.

6 Cut the binding fabric (Medium Dots maroon) into seven $21 / 2 i n(6.4 \mathrm{~cm}) \mathrm{x}$ width of fabric strips. Sew the strips together end to end and press seams open. Press the binding in half along the length, wrong sides together.

## Making the Star Blocks

7 The Star blocks use half-square triangle (HST) units. Fig I shows how to make these using a two-at-once method. (Note that the diagram is shown in shades of grey.) Take one $27 / 8 \mathrm{in}(7.3 \mathrm{~cm})$ square of Fabric 1 (Medium Dots light grey) and one of Fabric 18 and place them right sides together. Mark the diagonal line and sew a scant $1 / 4 \mathrm{in}(6 \mathrm{~mm})$ away from the line on both sides. Cut the units apart and press them. The units should be $21 / 2$ in $(6.4 \mathrm{~cm})$ square. The method makes two units, so save one for another block. Repeat this to make HSTs from Fabrics 1 and 19, Fabrics 1 and 20 and Fabrics 1 and 21 (see Fig D).

Fig I Making half-square triangle units


8 The Star blocks also need flying geese units. Fig J shows how to make one of these units. Note that the flying geese use two different print fabrics for the corner triangles. Take one Fabric 1 rectangle $4 \frac{1}{2}$ in $\times 2^{1 / 2}$ in ( $11.4 \mathrm{~cm} \times 6.4 \mathrm{~cm}$ ), one Fabric 17 square $2^{1 / 2}$ in $(6.4 \mathrm{~cm})$ and one Fabric 10 square $21 / 2$ in $(6.4 \mathrm{~cm})$. Put the Fabric 17 square right sides together with the rectangle and sew along the diagonal line. (Note that the diagram is shown in shades of grey.) Trim the excess and press the triangle outwards. Repeat with a Fabric 10 square on the other end of the rectangle. The unit should be $4 \frac{1}{2}$ in $\times 2^{1} / 2$ in $(11.4 \mathrm{~cm} \times 6.4 \mathrm{~cm})$. Repeat this to make flying geese from Fabrics 1, 11 and 12, Fabrics 1, 13 and 14 and Fabrics 1, 15 and 16 (see Fig D).

Fig J Making flying geese units


9 To assemble the block lay out four HSTs for the block centre, four flying geese units and four squares of Fabric 1, as in Fig K. Sew the units together into rows and press. Sew the rows together and press. Check the block is $81 / 2$ in $(21.6 \mathrm{~cm})$ square. Repeat to make thirty-two blocks in total.

Fig K Making a Star block


## Making the Duck Blocks

10 There are thirty-one of these blocks - sixteen with ducks facing right and fifteen with ducks facing left. The instructions given are for a Right Duck block but the Left Duck block is made the same way, with the same fabric pieces but with the block assembled as a reversed (flipped) shape.

11 Take all of the pieces for one Right Duck block as in Fig F. Follow Fig L to sew the various units of the block. To create a triangle on the corner of the top and bottom units of the block, place a square of Fabric 9 (Solid thistle) right side down on an $81 / 2$ in $\times 21 / 2 \mathrm{in}(21.6 \mathrm{~cm} \times 6.4 \mathrm{~cm})$ rectangle of Fabric 1. Sew along the diagonal as shown, trim excess fabric and then press the triangle outwards. Repeat on the other end of the rectangle. Repeat this process to sew the bottom unit.

12 Make the HSTs for the block using the method previously described. Now sew the units together (Fig M). Check the block is $81 / 2 \mathrm{in}(21.6 \mathrm{~cm})$ square. Repeat to make sixteen of these blocks in total.

13 Repeat the same process to make fifteen Left Duck blocks, arranging the units as in Fig H, so the duck faces left.

Fig L Making the units of a Right Duck block


Fig M Assembling a Right Duck block


## Assembling the Quilt

14 Follow the quilt layout in Fig B to sew the blocks together into nine rows, alternating Star blocks and Duck blocks within each row. Place Left Ducks in Row 1, Right Ducks in Row 2, and so on.
Fig $\mathbf{N}$ shows the first two rows assembled. Once all the rows are sewn, sew them together, matching seams neatly, and then press.

Fig $\mathbf{N}$ Assembling the quilt rows


## Quilting and Finishing

15 If you are quilting the quilt yourself you now need to make a quilt sandwich - you can do this in various ways, as follows.

- Use large stitches to tack a grid through the layers of the quilt in both directions, with lines about 4 in ( 10 cm ) apart.
- Use pins or safety pins to fix the layers together.
- Use fabric glue, sprayed onto the wadding to fix the layers together.

If you are sending the quilt off to be commercially long-arm quilted you won't need to make a sandwich, as this is done when the quilt is mounted on the machine. When the layers of the quilt are secured you can quilt as desired.

16 Use the prepared double-fold binding strip to bind your quilt. Sew the binding to the quilt by pinning the raw edge of the folded binding against the raw edge of the quilt. Don't start at a corner. Using a $1 / 4 \mathrm{in}(6 \mathrm{~mm})$ seam, sew the binding in place, starting at least $6 \mathrm{in}(15.2 \mathrm{~cm})$ away from the end of the binding. Sew to within a $1 / 4 \mathrm{in}(6 \mathrm{~mm})$ of a corner and stop. Take the quilt off the machine and fold the binding upwards, creating a mitred corner. Hold this in place, fold the binding back down and pin it in place. Begin sewing the $1 / 4 \mathrm{in}(6 \mathrm{~mm})$ seam again from the top of the folded binding to within $1 / 4$ in $(6 \mathrm{~mm})$ of the next corner and then repeat the folding process. Do this on all corners. Leave a 6 in $(15.2 \mathrm{~cm})$ 'tail' of unsewn binding at the end.

17 To join the two ends of the binding, open up the beginning and end of the binding tails, lay them flat and fold the ends back so the two ends touch. Mark these folds by creasing or with pins - this is where your seam needs to be. Open out the binding and sew the pieces together at these creases. Trim off excess fabric and press the seam. Re-fold the binding and finish stitching it in place on the front of the quilt.

18 With the quilt right side up, use a medium-hot iron to press the binding outwards all round. Now begin to turn the binding over to the back of the quilt, pinning it in place. Use matching sewing thread and tiny stitches to slipstitch the binding in place all round, creating neat mitres at each corner. Press the binding and your lovely quilt is finished.

## Duck Quilt

(Blue colourway)
This version of the Duck Quilt is made in exactly the same way as the grey Duck Quilt but with different fabrics. The dark solid fabric used for the background creates a smart look. See

Fig A for the fabrics used for this version of the quilt.

## Materials

- Fabric 1: 4yd (3.7m) - Solid lupine (120013)
- Fabric 2: $1 / 8 \mathrm{yd}(15 \mathrm{~cm})$ - Marnie honey (100103)
- Fabric 3: $1 / 8 \mathrm{yd}(15 \mathrm{~cm})$ - Klara raspberry (100109)
- Fabric 4: $1 / 8 y d(15 \mathrm{~cm})$ - Tiny Plum pink (100105)
- Fabric 5: $1 / 4 \mathrm{yd}(25 \mathrm{~cm})$ - Anemone maroon (100108)
- Fabric 6: $1 / 4 \mathrm{yd}(25 \mathrm{~cm})$ - Marnie raspberry (100110)
- Fabric 7: $1 / 4 \mathrm{yd}(25 \mathrm{~cm})$ - Pompom raspberry (100107)
- Fabric $8: 3 / 8 \mathrm{yd}(35 \mathrm{~cm})$ - Marnie sand (100098)
- Fabric 9: $3 / 8 \mathrm{yd}(35 \mathrm{~cm})$ - Medium Dots grey (130012)
- Fabric 10: $1 / 4 y d(25 \mathrm{~cm})$ - Tiny Plum teal (100081)
- Fabric 11: $1 / 4 \mathrm{yd}(25 \mathrm{~cm})$ - Elodie lavender (100086)
- Fabric 12: $1 / 4 \mathrm{yd}(25 \mathrm{~cm})$ - Anemone sand (100100)
- Fabric 13: $1 / 4 \mathrm{yd}(25 \mathrm{~cm})$ - Klara ginger (100099)
- Fabric 14: $1 / 4 \mathrm{yd}(25 \mathrm{~cm})$ - Mila teal blue (100083)
- Fabric 15: $1 / 4 \mathrm{yd}(25 \mathrm{~cm})$ - Marnie night blue (100085)
- Fabric 16: $1 / 4 \mathrm{yd}(25 \mathrm{~cm})$ - Lovebirds ginger (100097)
- Fabric 17: $1 / 4 y \mathrm{yd}(25 \mathrm{~cm})$ - Tiny Plum peach (100096)
- Fabric 18: $1 / 4 \mathrm{yd}(25 \mathrm{~cm})$ - Medium Dots maroon (130010)
- Fabric 19: $13 / 8 \mathrm{yd}$ (1.25m) - Marnie lilac (100088)
- Fabric 20: $1 / 4 \mathrm{yd}(25 \mathrm{~cm})$ - Medium Dots lilac (130009)
- Fabric 21: $1 / 4 \mathrm{yd}(25 \mathrm{~cm})$ - Klara lilac (100089)
- Backing fabric $33 / 4 y d s(3.4 m)$
- Binding fabric $1 / 2 \mathrm{yd}(50 \mathrm{~cm})$ - Medium Dots teal (130001)
- Wadding (batting) $64 \mathrm{in} \times 80 \mathrm{in}(162.5 \mathrm{~cm} \times 203 \mathrm{~cm})$
- Piecing and quilting threads
- Quilter's ruler, rotary cutter and mat


## Finished Size

$56 \mathrm{in} \times 72 \mathrm{in}$ ( $142.2 \mathrm{~cm} \times 183 \mathrm{~cm}$ ) after binding

## Cutting Out

1 Follow the cutting out instructions for the grey Duck Quilt but using fabrics 1 to 21 in Fig A here.
Prepare the backing fabric in the same way as the grey Duck Quilt.
Prepare the binding from Medium Dots teal (130001).

Fig A Fabric swatches


## Making the Star Blocks

2 Make the Star blocks in the same way as the grey Duck Quilt but using the fabrics shown in Fig B. Make thirty-two blocks.

## Making the Duck Blocks

3 Make the Duck blocks in the same way as grey Duck Quilt but using the fabrics shown in Fig C and Fig D. Make sixteen Right Duck blocks and fifteen Left Duck blocks.

Fig B Fabrics for a Star block
Numbers show fabrics used (see Fig A)


Fig C Fabrics for a Right Duck block
Fig D Fabrics for a Left Duck block


## Assembling, Quilting and Finishing

4 Assemble and then quilt the quilt in the same way as the grey Duck Quilt. Bind to finish.

